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SANIBEL & CAPTIVA ISLANDS, FLORIDA

DECEMBER 11, 2020

DECEMBER SUNRISE/SUNSET: 11 7:06 • 5:37 12 7:07 • 5:37 13 7:08 • 5:38 14 7:08 • 5:38 15 7:09 • 5:38 16 7:09 • 5:39 17 7:10 • 5:39



"Ding" Darling's WoW urban mobile classroom begins its outreach journey photo provided

'Ding' Darling Mobile Classroom Debuts Saturday

The staff at JN "Ding" Darling National Wildlife Refuge welcomed the longanticipated Wildlife on Wheels (WoW) urban mobile classroom on November 29

and began team training the following day. Toni Westland, supervisory refuge ranger, and Sierra Hoisington, development officer for the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), lead the WoW team as it prepares for its first inthe-field debut on Saturday, December 12 in an under-represented, urban Fort Myers community.

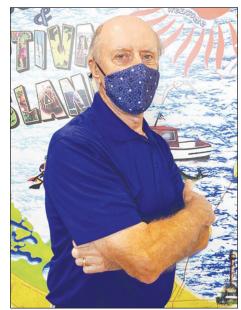
The public debut will take place near continued on page 3

Mayor Issues Mask Challenge For Cash Prizes

anibel Mayor Mick Denham hopes his personal Mayor's Mask Challenge will strengthen the islands' safety while lightening the seriousness of the pandemic's impact on Sanibel and Captiva island residents, employees and visitors at a time when everyone is feeling mask fatigue and uncertainty about the future. He is partnering with the Sanibel & Captiva Islands Chamber of Commerce to promote and reward creative facemasks and public responsibility.

The mayor will award cash prizes, matched by the chamber, after the end of December, January and February. Each month, one prize-winner from Sanibel and one from Captiva will receive a \$200 award for the most fashionable, flamboyant, or ostentatious mask.

Contest entrants must submit a photo of themselves wearing their mask indoors in a place of business on the islands. Entries can be made by the end of each month on the chamber's Instagram or Facebook page using #mayorsmaskchallenge or via



Mayor Mick Denham

photo provided

email to island@sanibel-captiva.org. Once Denham and the chamber's executive board choose the month's two winners, they will award the cash prizes on the first day of the following month.

"We all know wearing a mask helps continued on page 22



Harbor Mist by Kim Belange

BIG ARTS Hosting Art League Exhibit

BIG ARTS is hosting the Sanibel-Captiva Art League's 45th annual Juried Art Council of Southwest Florida exhibit, themed Exploration.

images provided

The exhibit, which opens on Thursday, December 17 in Dunham Gallery, features new works by regional artists. Viewing hours are 10 a.m. to 4 p.m. Tuesday through Friday and 9 a.m. to 1 p.m. on Sunday. Masks are required to enter the building, and there is a 25-person limit in the gallery. There will also be a virtual



Jumbo by David King

gallery to view online at www.bigarts.org starting on Monday, December 21. Michele Barron Buelow, chairman of

Michele Barron Buelow, chairman of the Exploration exhibit and a Sanibel-Captiva Art League board member, is particularly excited about this year's exhibit. "The artwork submitted to this exhibit was varied and well done. There are several different mediums and many,

continued on page 25





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Halfway Through A Different Year At Sanibel School



Jamie Reid

sumbitted by Jamie Reid, Principal, The Sanibel School

s we approach the winter holiday break and the new year, I am proud to report that learning is alive and well at The Sanibel

School, even during a pandemic.

We began the school year in late August with about 60 percent of our students on our campus for face-to-face instruction. Students and staff members quickly adapted to the new safety protocols put into place: mandatory masks, desks spread apart in classrooms, assigned seating schoolwide, grab-and-go breakfast and lunch breaks in different spaces throughout our campus. It didn't take long for all students to adapt to walking in one-way hallways and for our middle school students to give up using their lockers this year. We learned that children are surprisingly adaptable and social creatures, eager to be back at school with their friends.

Students who chose to learn remotely with Lee Home Connect found that there were some challenges with Internet connectivity and learning via Zoom meetings, but many of them handled these challenges well.

Our teachers learned to juggle teaching concurrently, with live students in front of them as well as Zooming with students. This has been quite a challenge, but our teachers at The Sanibel School are amazingly hard

Students submitted their classwork through Google Classroom instead

of handing in assignments physically. Some students have soared with this new form of learning, while others have struggled for various reasons.

Administration at The Sanibel School has been flexible with allowing students to change their learning status, based on each student's needs and family situation. As of now, about 80 percent of our enrolled students have returned to school for face-to-face instruction. This has been one of the highest percentages of face-to face students of any Lee County public school. Our outdoor campus and small school size help with managing students safely. Classmates and teachers excitedly welcome back students as they

Assistant Principal Jennifer Lusk and I have focused on making school a fun place to be by celebrating students' successes with popcorn parties, dressing up for themed events, and visiting classrooms with "The Happy Cart" from time to time.

We continue to make learning a memorable experience and whole heartedly appreciate the love and support of families and the community. Our students were able to have access to a wonderful outdoor classroom that is JN "Ding" Darling National Wildlife Refuge - conveniently located adjacent to our school - where they can cover science lessons in an engaging way.

Students were able to participate in the Turkey Trot races again this year just before Thanksgiving break. We couldn't have spectators, so it didn't look exactly like the event has in years past. But, our students gave it their all and had a great time.

As we head towards the new year, we will have additional spirit days for students to enjoy in a way that is safe, fun and doesn't take focus away from our studies.

We appreciate the community's support for all we do to benefit our students. Happy holidays to you and yours from all the teachers and staff at The Sanibel School!☆

beautifulife. by KAY CASPERSON

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From page 1

Mobile Classroom

the Big Lots store at 4901 Palm Beach Boulevard from 9 a.m. to 3 p.m. Staff, including bilingual Spanish interpreters, will be conducting safe tours according to CDC guidelines throughout the day.

'We have been dreaming about the possibility of WoW for years, and it's like an early Christmas present to finally get to explore it and share it with others in the community," said DDWS Executive Director Birgie Miller. "It will help us spread the message about the beauty and calm of the refuge and nature to those who find it difficult to travel out to Sanibel Island to experience it themselves.'

The mobile classroom will be scheduled to visit schools, libraries, community centers, conservationminded events and under-represented communities in the five-county area to teach about water quality, the ecosystem, wildlife and other topics that meet the refuge's mission. In January, it will make its first school visit for one week at Tice Elementary.

Educator-driven curriculum will comply with STEM and Sunshine State standards for grades kindergarten through 12. Interactive learning stations interpret mangrove ecosystems, water quality, water conservation, pollution and plastic, animal scats and tracks, and Florida's native animals.

WoW's design, fabrication and staffing were made possible by private philanthropic support. DDWS is still seeking funding for ongoing travel and development needs. Contact Miller at 472-1100 ext. 292-0566 or director@ dingdarlingsociety.org to learn more. Visit www.wowding.org for information about the mobile classroom and its upcoming schedule.☆











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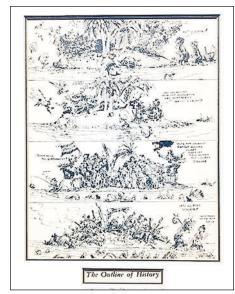
Sanibel Historical Museum And Village

Looking Back: Ding Cartoon

o honor JN "Ding" Darling's 75th anniversary, the Sanibel Historical Museum & Village is displaying an original Darling cartoon, The Outline of History. It

was donated to the newly created City of Sanibel in 1975 and illustrates the reason for Sanibel's worthy commitment to the natural environment.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. Masks are required and safety precautions are in place. For more



This original cartoon by JN "Ding" Darling is on display at the historical museum

image courtesy Captiva Island Historical Society Archives information, visit www.sanibelmuseum.

org or call 472-4648.\$

Holiday Fun Days At Rec Center

tudents in kindergarten through eighth grades can chill out and have some frosty fun during this year's winter break at Sanibel Recreation Center. The holiday Fun Days will offer a variety of athletic games, craft projects and outdoor activities. The program

operates from 8 a.m. to 5:30 p.m.

Each child will need to bring a lunch and water bottle, and wear a face mask. There will be no Fun Days on December 24, 25 and 31 and January 1. For more information or to enroll you child, call

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS Shabbat services at 7:30 p.m. every Friday and Shabbat classes at 9:30 a.m. Saturday mornings on Zoom (email batyamsanibel@gmail.com to request the Zoom links). Food and paper drive donation drop-offs on the first Thursday of each month from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs, Cantor Murray Simon, President Michael Hochschild,

www.batyam.org, 2050 Periwinkle Way,

732-780-2016. **CAPTIVA CHAPEL BY THE SEA**

Rev. Larry Marshall. Services every Sunday at 11 a.m. November 8, 2020 through April 25, 2021. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, **SCIENTIST**

The Christian Science Church of Sanibel-Captiva has suspended all services and events until further notice. The church Reading Room will also be closed. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main Sanctuary. Now offering a "Masks Only"

service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at sanibelchurch.com, 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST**

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor, Livestream service at 11 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m., Sunday, 9:30 a.m. through November. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. Holy Days. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Bill Van Oss, Rector. Sunday 10:30 a.m. service can be seen at www. saintmichaels-sanibel.org, Facebook or YouTube. Other services, meetings and events are suspended until further notice, www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS **OF THE ISLANDS**

Meets 5 p.m. on the second Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews. com or call 395-1213.☆

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Susan Holly and Judy Workman standing by the piano donated by their sister, Jan Holly photo provided

Dedication Ceremony Held At St. Michael's

aithful is the word most associated with Jan Holly, who donated her grand piano to Saint Michael and All Angels Episcopal Church. Dr. Holly died on March 4, 2020.

Whether she was presiding at the organ, teaching the spirituality of famous choral works, preparing a recital for community members, or teaching music

to thousands of college students during her long career, Dr. Holly always showed her great talent and her willingness to share her knowledge. On November 27, the grand piano Dr. Holly played in her home and gifted to the church was dedicated by the Rev. Bill Van Oss, rector of St. Michael and All Angels. Dr. Richard Mattern played two prelude pieces on the piano as part of the dedication. Dr. Holly's two sisters, Susan Holly and Judy Workman, were in attendance.

The parish of Saint Michael and All Angels Church is forever grateful to Dr. Holly for this wonderful gift.☆

Christmas Eve Service Canceled



Chapel by the Sea is aglow for the Christmas season

photo provided

Whith the health and safety of the chapel family in mind, Captiva Chapel by the Sea has canceled its Christmas Eve service.

The chapel Christmas lights will be burning brightly from now until January 10 from 5:30 to 10 p.m.

On Christmas Eve, the chapel's Christmas lights will be on from 5:30 to 9 p.m. Masks are mandatory.

If at any time the chapel yard becomes overcrowded, guests will be asked to wait in line in the parking lot – six feet apart – until there's room to view the lights comfortably and safely. To avoid congestion, photos will not be permitted on Christmas Eve. Visitors are welcome to return at another time to take their pictures.

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Army Corps Begins Reduction In Lake Releases

he City of Sanibel received the following notice from the U.S. Army Corps of Engineers regarding the upcoming reduction in releases from Lake Okeechobee commencing on December 5: The U.S. Army Corps of Engineers

(USACE) Jacksonville District will start reducing outflows from Lake Okeechobee to the estuaries, starting Saturday, December 5.

USACE will reduce releases from Lake Okeechobee gradually to allow time for the ecosystems of the Caloosahatchee and St. Lucie rivers and estuaries to adjust.

Beginning December 5, USACE will begin the transition to dry season operations on Lake Okeechobee by implementing a seven-day release with a reduced average target flow for the Caloosahatchee Estuary of 3,000 cubic feet per second (cfs) as measured at the Moore Haven Lock & Dam (S-77). At the same time, the corps will implement a multi-week release pattern for the St. Lucie Estuary, starting with a five-day pause to allow for recovery of estuary health, followed by a seven-day average release of 1,500 cfs as measured at St. Lucie Lock & Dam (S-80) near Stuart.

We will reduce the releases from Lake Okeechobee over the next month," said Col. Andrew Kelly. commander of the Jacksonville District. "The 2020-21 dry season has begun, and we will manage the lake in tandem with the needs and concerns of the people and ecosystems of south Florida.

USACE will provide regular updates to the public and stakeholders about conditions in Lake Okeechobee and the

"We will continue to look at the system holistically and expect to be able to refine the dry season strategy for the south Florida system around February," said Kelly. "By then, we should have a much better feeling for the effects, if any, of the La Niña, and the results

of our gradual transition plan. We'll be in a better position to evaluate the trends and conditions in the lake, the Everglades and the estuaries, including water supply and our ability to move water south.'

Additional runoff from rain in the local Caloosahatchee and St. Lucie basins could occasionally result in flows that exceed one or both targets. USACE lock operators will make real-time adjustments to spillways along the Caloosahatchee and the St. Lucie Canal to maintain canal levels.

Lake Okeechobee is currently at 16.02 feet above sea level. During the first week of December, lake levels receded 0.18 feet, with a 0.19-foot drop in the past 30 days.☼

City To Alert Of New COVID Cases Only

by Wendy McMullen

The City of Sanibel is now alerting residents only when there is a new coronavirus case, rather than seven days a week.

"Any day there is an increase, we will do a release," said City Manager Judie Zimomra, pointing out that issuing daily reports mean paying overtime to staff. Cuts to city staff at the beginning of the COVID-19 crisis put a strain on city resources.

"Why does the city have to be responsible for publishing it to begin with?" asked Councilman Chauncey Goss. "Why not direct them to the DOH (Department of Health) site?

Vice Mayor Holly Smith described the process of obtaining Sanibel statistics through the Florida Department of Health as "cumbersome" and seconded a proposal by Mayor Mick Denham that the city put out a daily report any time there is a new case on Sanibel and issue a full weekly report in addition. Council voted unanimously in support.

The Florida Department of Health website does requires a number of steps to obtain statistics by zip code. Anyone wishing to access statistics for Sanibel can go to https://floridahealthcovid19.

gov, click on the orange button at the top labeled "see latest data," then click on the orange button halfway down labeled "see dashboard," then click the "cases by zip code" tab at the bottom of the page. Next find "Lee" in the drop down menu for counties on the right side of the page and "33957" in the drop down zip code menu.☆

New Billboard Advertises Mask Mandate

by Wendy McMullen

new message on the electronic billboard at the entrance to Sanibel adds weight to the mask ordinance currently in place on Sanibel by welcoming visitors and exhorting them to wear a mask.

The Sanibel & Captiva Islands Chamber of Commerce is keen to have an electronic sign because it helps them enforce the mask mandate, according to Mayor Mick Denham, and city council members discussed various ways of welcoming visitors and alerting them to the mask requirements on the island. One commentator from the audience at city hall was concerned that a message which read "Welcome to Sanibel. Masks are Mandatory" would be detrimental to the island's struggling economy.

In contrast, resident Maryann Bell said that far from deterring visitors, mask mandates encourages them.

"If anyone is going to come to Florida, they are going to come to Sanibel because we are safe," she said in public comment. "We should rejoice in that."

John Henshaw, island resident and environmental health specialist working with COVID-19 and the risks involved, went further suggesting that visitors unwilling to wear masks should not be welcomed on the island.

"Masks save lives," Henshaw said. "If they don't want to wear a mask, then we don't want them here."

"You could make it a softer message though," he added.

City council compromised with the wording "Welcome to Sanibel. Wear a mask."

Commission Chair And Vice Chair Elected





Roger Grogman

Eric Pfeifer

by Wendy McMullen

oger Grogman was elected chairman and Eric Pfeifer vice chairman at the December meeting of the Sanibel Planning Commission on Tuesday.

Grogman, a 16-year Sanibel resident, has served as vice chairman of the commission for the past three years and is an active member of many island organizations, serving on the boards of the Shell Harbor Property Owners Association, the Sanibel-Captiva Lions Club, the Sanibel-Captiva Rotary Club and Community Housing and Resources (CHR). He is currently president of the Sanibel Community Association.

'We purchased a residence on Sanibel because of its unique character, quality and environmental focus," Grogman said. "I had considered a run for city council but this position is more in line with what I can contribute to the success of the community.'

Pfeifer is a 20-year Sanibel resident, has a degree in civil and environmental engineering from Vanderbilt University, and Florida structural engineering and contractor's licenses. Pfeifer set up his own real estate company. Pfeifer Realty Group. in 2008. He has served on the Sanibel Planning Commission since 2019.

'The planning commission really ties together my background and work experience, and it's a way I can give back to the community to help protect the Land Development Code that makes Sanibel so special," Pfeifer said.☆

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Mayor Mick Denham reads a proclamation celebrating the 25th anniversary of the Bailey-**Matthews National Shell Museum** photo by Wendy McMullen

Shell Museum Recognized For 25 Years

by Wendy McMullen

'ewly elected Mayor Mick Denham celebrated the 25th anniversary of the Bailey-Matthews National Shell Museum at last week's city council

The museum is the only professional, educational, and fully accredited organization of its kind in the country

and commemorates Sanibel's unique status as the best shelling beaches in the

nation and the second best in the world.

Over the 25 years of its existence it has become a significant education facility helping visitors from all over the world understand the important role that mollusks and shells play in the environment, medicine, spirituality and art as well was being a source of food.

The shell museum recently underwent a \$6 million dollar renovation reimagining the interior and adding two new touch tanks, 38 new species and eleven new aquarium exhibitions.☆

Review Of Beach Parking Sticker Costs **Under Way**

by Wendy McMullen

each parking threatens to become a lot more expensive as the city reviews the costs of the valuable B sticker which enables nonresidents to park in selected areas of Sanibel

We've all seen the messages that have been sent to us and obviously there's a great deal of concern, not just from Lee County but from the folks that come and stay with us for a period of time," said Councilman Richard Johnson, explaining the disappointment among people finding that the B sticker is not currently available for sale.

"I will also say I think we need to properly value those stickers," said Johnson, pointing out that the B permit has become even more valuable since the city raised the beach parking hourly fees. "We're heavily subsidizing the B stickers and I don't think that's equitable.'

Councilman Chauncey Goss agreed. "I don't think we get rid of the B sticker but I do think we need to adjust the cost," he said, pointing out that a week of parking at any of the paid beach parking lots would be \$280 for a week of eight-hour days at \$5 an hour.

The B sticker is not currently for sale

but the cost in 2019 when it was for sale was just \$124.

'It's not unreasonable to say \$250 to \$300," Goss said. "All the comments we got said please keep them available but not one mentioned the cost. No one said please keep them available and keep them cheap.

Vice Mayor Holly Smith wanted to consider even higher value pricing. She pointed out that if the city charged \$400 for the B sticker, a person who lives in the area and comes out once a week would be paying just \$8 a week for the privilege of using Sanibel's beaches.

There are four types of decals available for parking on Sanibel. Residents and property owners can buy an "A" sticker for just \$14. This sticker allows residents to park at various limited parking spots along West Gulf Drive and Middle and East Gulf drives as well as The Sanctuary Overlook, Dixie Beach Boulevard, Bailey Road and east Periwinkle Way.

There are also restricted C and A/C stickers for residents for \$113. The C sticker allows parking at the boat ramp off the Sanibel Causeway and at Gulfside City Park. The B sticker is not currently for sale.

Smith proposed legislation that would increase the B sticker to \$400 and the B/C and C stickers to \$500. Council members present were in unanimous support.☆

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PLEASE ORDER BY MONDAY, DEC 21



Bailie Johnson with this year's limited edition Christmas ornament photos provided

New Ornament Features Iconic Model AA Truck

Tf you're an island resident or visitor, there's a good chance you have a Christmas ornament from Bailey's General Store.

Pat Kiely is looking forward to her 12th one this year.

"This year's ornament is so cute," said

Kiely isn't just a collector. She dubs herself the "ornament lady" at Bailey's.

"Pat works to design the ornament every year," said Calli Johnson, a



Closeup of the ornament

fourth-generation owner-operator at Bailey's.

The colorful 23-karat gold plated brass ornament is always designed to uniquely represent Bailey's, which has served the islands since 1899. Only 500 are made annually.

This year, it's our green Model AA Ford delivery truck," said Kiely. "The idea came from my boss, Bailie Johnson, and we all thought that was perfect. The truck was purchased by the current owners, and it has represented the store all over the island at weddings and parades. It's like an ambassador.'

Kiely, who has been at Bailey's since 2005, came up with the original idea of having an annual Christmas ornament in

"Francis Bailey, who was the company's second-generation owneroperator, loved Christmas. He was a very giving and generous person. He was so happy on Christmas, but he

was skeptical about the ornament," she said with a laugh. "He died in 2013, and this has become like a tribute to him. We have so many who take home something from Bailey's. I came up with the ornament because it's much more permanent and is something you can hang up all year long. It always speaks Bailey's to you."

The ornament comes in a velveteen folder that says "Bailey's" on the front and sells for \$15 at the store, located at 2477 Periwinkle Way on Sanibel. To order by phone, call 472-1516.

In previous years, the ornament has featured the original brass cash register (still on display at the store today), The Island Store on Captiva, a shopping cart, a Model T Ford, the original store that was destroyed in a hurricane in 1926, and a clock that is on the store's wall set to 6:13 to remember Francis Bailey.

'We're all a family at Bailey's," said Kiely. "On my Christmas tree, I have memories of my whole life."

Kiely's Bailey's ornaments are organized by date and hung on her tree front and center.

Applicants Sought For Planning Commission

anibel City Council is currently accepting applications to fill three planning commission terms. There is one partial term appointment beginning January 19, 2021 with an expiration date of January 9, 2023 and two full-term appointments beginning January 19, 2021 with an expiration date of January 16,

Responsibilities include attending planning commission meetings on the second and fourth Tuesdays of every month at 9 a.m. at city hall.

Any resident wishing to serve may visit https://mysanibel.granicus. com/boards/w/c13ae24878f51e92 to download the advisory committee application. After opening the hyperlink, use the drop down arrow under

Committee Choice and choose "Planning Commission." Make sure all required boxes contain a response. At the end of the application process, click the green "Submit" button. The deadline for submission is Monday, January 4 at noon.

If you have any questions, contact the city manager's office at 472-3700.\$

Text Anonymous Tips To Police

he Sanibel Police Department has an Internet-based tool that enables the public to text message an anonymous tip to police and lets officers respond back in real-time to create an anonymous two-way conversation.

To send an anonymous tip via text message to the Sanibel Police Department, text the keyword SANIBEL and your tip to 847411.

If there is an emergency that requires immediate assistance, always dial 911. \$\pi\$



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to join the spirit of the season - No "Bah Humbugs" **472-9979**

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road

Record Numbers For FISH Holiday Food Baskets

he Thanksgiving holiday has come and gone, but not without a flurry of excitement at the FISH Food Pantry and Walk-In Center. As in years past, FISH distributed bags of stuffing, rolls, fresh and canned vegetables, pies and a gift card to purchase a holiday protein for the Thanksgiving holiday.

While FISH anticipated increased demand due to COVID-19, they did not expect the last-minute burst of requests. "It started with increased usage of the food pantry the week before Thanksgiving, said Maria Espinoza, food program director for FISH. With the pantry shelves low on essentials, FISH volunteers made two 'emergency' grocery pickups at local markets just before the holiday.

"When the week of Thanksgiving rolled around, we realized additional supplies for our holiday program would also be necessary," said Espinoza. "Many clients with holiday plans outside her own homes changed their minds, leaving them without meal supplies. Others, who serve at local restaurants on the holiday, learned they wouldn't be needed due to lower than usual reservations. And some learned that their family would not be visiting, leaving them alone and searching for a meal for one or two.

FISH staff and volunteers worked around the clock from November 23 to 26 to make sure everyone would have a



Anthony Morales assembling Thanksgiving **baskets** photos provided

meal for the holiday.

In all, FISH provided meals for 634 neighbors in need this Thanksgiving through food baskets, gift cards and prepared meals in the Meals-by-FISH program prepared by Bailey's General Store. Using COVID-19 safety measures such as facemasks, hand sanitizing and social distancing, volunteers and staff assembled baskets at the FISH Walk-in Center. Volunteers delivered meals by car, bike and on foot through Thanksgiving

'Our community came together to help hundreds of families have a happy Thanksgiving with full tables. We're so



FISH volunteer delivering Thanksgiving gift cards

grateful to our community and their generous spirits for making sure every request for a holiday meal was met this year," said Alicia Tighe Orgera, executive director of FISH.

Partners for the Thanksgiving Food Basket program included Bailey's General Store, who donated the bags for the program; Saint Michael & All Angels Episcopal Church, who donated pies to the baskets; The Great White Grill, who donated turkeys; Friends Who Care, who donated gift cards; community members

who donated resources; and FISH volunteers, who donated time and effort.

With the Christmas holiday right around the corner, FISH anticipates another surge in requests for food baskets and increased pantry usage. "We will provide food baskets for Christmas to those needing a hand up. With such uncertainty, it warms my heart to know that we can help," said Espinoza Food. If you or a family you know needs a

Christmas holiday food basket, contact Maria Espinoza at 472-4775.☼







In anticipation of increased attendance at Christmas and in order to comply with CDC recommended safety guidelines regarding maximum capacity and social distancing, St. Isabel Catholic Church is respectfully requiring reservations to attend Christmas Eve and Day Masses in person. We will be livestreaming ALL of our Christmas Masses from the church for those who wish to join us from home.

Saint Babel Catholic Church

Christmas Eve Masses Christmas Day Mass 3:30 PM • 5:30 PM • 7:30 PM 10:30 AM

Please call the Parish Office for your reservation. Reservations and masks required. Space is limited. Telephone: 239.472.2763 Saintisabel.org

3559 Sanibel-Captiva Road, Sanibel Island at the intersection of Rabbit Road

Christmas Palm

by Gerri Reaves

As the holiday season approaches and Adonidia merrillii's fruit turns scarlet red, the common name Christmas palm seems supremely appropriate.

This native of the Philippines is also called Manila palm, as well as dwarf royal palm, the later because of a general resemblance to the esteemed but much larger native palm.

The single slender gray trunk bears a series of ring scars at equally spaced intervals and the short green crownshaft resembles that of the royal palm's in miniature.

The leaves, or fronds, are feather-like, or pinnate.

In summer and fall, both male and female flowers appear on branched inflorescences below the crownshaft.

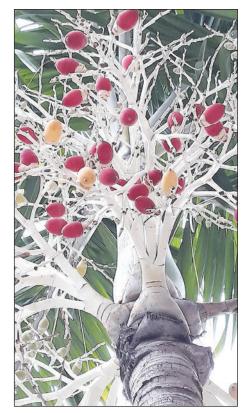
Creamy in color and inconspicuous, they are arranged in groups of three – two male and one female.

The inedible fleshy fruit matures from green to red, creating a beautiful color contrast against the bone-white flower stalk. It measures an inch or more in diameter.

This palm is typically used as a specimen plant and is often planted in groups of two or three.

It's a fast grower and can reaches a height of 25 feet or more, but usually only about 15.

Because it grows well in a large container, it is used in indoor settings such as shopping malls.



Christmas palm's crimson fruit contrasts with the bone-white stalk and deep green leaves photo by Gerri Reaves

Winning characteristics are its neat appearance, ornamental value, adaptability to various soils, and moderate salt and drought tolerance.

Once mature, it can endure full sun. On the negative side are a susceptibility to lethal yellowing and frost damage and a lack of value to wildlife.

Sources: Betrock's Florida Plant Guide by Edward F. Gilman, Florida Landscape Plants by John V. Watkins and Thomas J. Sheehan, A Handbook of Landscape Palms by Jan Allyn, www. nurserypioneer.com, and www.plantbook.org.



Fresh cut Fraser firs are available in five- to 10-foot heights

photo provided

Lions Club Christmas Trees Still Available

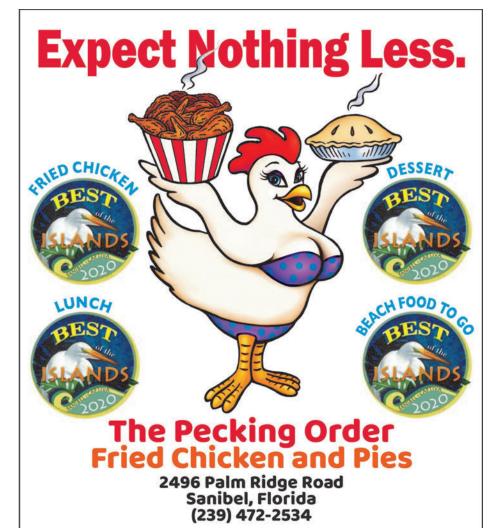
anibel Captiva Lions Club members are on site at the Christmas tree lot between Island Cinema and The Grog Shop in Bailey's Shopping Center, located on the corner of Periwinkle Way and Tarpon Bay Road.

Premium, fresh cut Fraser firs from Michigan are available for purchase Wednesday through Sunday each week, from 10 a.m. to 5 p.m. They will remain on sale through Sunday, December 23 or until supply runs out. The trees are between five and 10 feet in height. Island delivery and setup are available.

Social distancing should be observed and club members ask that all customers wear masks. Trees can be ordered and paid for by going to www.SanCapLions. org. A pickup time for the trees can be arranged when the order is placed. Lions volunteers will place the tree on your car or truck.

The Lions welcome anyone who would like to help with this fundraiser. If you'd like to volunteer, call 863-272-7713.

Sanibel Captiva Lions meet the first and third Wednesday of the month with a guest speaker once a month at The Community House. Meetings begin with cocktails and appetizers at 6 p.m. and dinner at 7 p.m. Visiting Lions and anyone interested in becoming a Lion are





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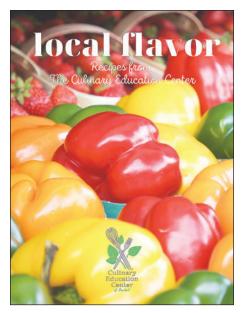


image provided

Perfect Gift For Chefs On Your List

he Community House has just release Local Flavor: Recipes from the Culinary Education Center cookbook. Based on Southwest Florida's fruit and vegetable offerings, Chef Jarred Harris' recipes, and tidbits about the key ingredient, are included.

The recipes were chosen by members of the kitchen guild; Nancy Black, Salli Kirkland, Marge Meek and Kathy

The Community House would like to thank three sponsors for helping make this project happen: Mike Kelly, Salli Kirkland and Marge Meek.

The cookbook is available for purchase at The Community House, located at 2173 Periwinkle Way. Cost is \$15. It makes the perfect stocking stuffer, Sanibel souvenir or educational cooking tool.

Names Added To Rec Center Hall Of Sponsors

wo new sponsors are being added to the City of Sanibel Recreation Center Hall of Sponsors: Barbara Beran and Rickert Shewring.

Sponsors can be viewed online at www.mysanibel.com. A printout of all sponsors can also be obtained at the City of Sanibel Recreation Center reception counter.

All proceeds from the sign purchase are applied to the City of Sanibel Recreation Center Financial Assistance program. This program assists parents, grandparents and legal custodians who financially qualify for their children to attend the after-school program, summer day camp, holiday camp, spring break camp, fun days, babysitter training camp, basketball league, volleyball camp and counselor in training (CIT) programs at the recreation center.

For more information, call Barry Alan Roth at 313-9591 or Trish Phillips at 472-0345.\$

Extended Hours At Recreation Center

The City of Sanibel Recreation Center has extended its hours of operation to Monday, Wednesday and Friday, 8 a.m. to 5 p.m.; Tuesday and Thursday from 8 a.m. to 7 p.m.; and Saturday from 8 a.m. to 1 p.m. Due to COVID-19, reservations

are now required for the weight room, lap swim, tennis courts, indoor open gym and indoor pickleball. The recreation center is currently operating consistent with CDC COVID-19 recommendations. Registered members can book reservations for facilities online at www.mysanibel.com. To request your unique username and password, email charlotte.durand@ mysanibel.com or call 472-0345.

Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road and offers daily, weekly and annual memberships. For more information, contact Trish Phillips at trish.phillips@

Marine Advisory: Dredging At Shell Harbor

he City of Sanibel commenced dredging of the entrance channel to the Shell Harbor subdivision on December 7. The channel will remain open for use during dredging, however, there may be short periods of time when boat traffic will need to be stopped. Boaters are advised to be alert and aware of the construction operations taking place. Weather permitting, the project is expected to continue for approximately three weeks. Proceed slowly and cautiously through the area when dredging operations are under way. Call 472-6397 if you have any questions regarding the project.☼

Position Open On Contractor Review Board

anibel City Council is currently accepting applications to fill a Contractor Review Board partial term appointment for a memberat-large, with an expiration date of December 6, 2024.

Responsibilities include attending board meetings, which are held on an as needed basis at Sanibel City Hall, located at 800 Dunlop Road.

Any resident wishing to serve may visit https://mysanibel.granicus.com/ boards/w/45346fd249bdd682 to link to the online Advisory Committee Application.

. The deadline for submission is Monday, January 4 at noon.

If you have any questions, contact the city manager's office at 472-3700.☆



Cold Front Tactics

by Capt. Matt Mitchell



Teather ups and downs are all part of the winter fishing pattern. One morning can be in the 40s and, then just a few days later, we are back in the 80s. Knowing how to take advantage of what the days conditions are is the key to success. During the coldest periods, sheepshead fishing was on fire, then as conditions gradually warmed, it was back to catching snook.

Immediately following a cold front, I quickly head to the passes and target sheepshead around the structure and docks. Each new cold fronts give us a fresh push of sheepshead moving in from the Gulf. The largest concentration of fish will be close to the passes as they move into the bay. Chunks of fresh shrimp on a 1/4-ounce jig head caught sheepshead up to 20 inches. Unfortunately this bite only lasted a couple of days after this last cold front as water temperatures gradually rebounded.

Deeper mangrove creeks and even canals stay warmer during these cold snaps. These areas produced a great redfish and trout bite during the first few cold days after the front. Live shrimp, slowly bounced across the bottom, helped catch lots of rat redfish, trout and even a few black drum. Fish the deeper holes and bends in these creeks during the colder periods. These protected creek systems can be amazing

fishing all winter long.

While back in these same creek systems, I saw lots of snook, in fact more snook than I have seen in these places in years. As temperatures slowly crept back up, I caught shiners and headed back to these laid-up fish. During the last few days of warm weather as another strong cold front approached, this bite totally went off. Besides snook, we caught redfish, trout, jacks and ladyfish - all getting in on the shiner buffet.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have



Charlie from Minnesota caught this big sheepshead while fishing with Capt. Matt Mitchell

photo provided



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CROW Case Of The Week:

Yellow-Billed Cuckoo



by Bob Petcher

he yellowbilled cuckoo (Coccyzus americanus) is a slender bird with grayish-brown upperparts, white underparts and a long tail. They are most distinctive by the bold white spots

on the underside of their tails. They may flash these spots -- along with their reddish wing patches -- when they are threatened in order to to lure potential predators away from their nest site.

Cuckoos come from a large family of like birds. Interestingly, the roadrunner is part of this species.

The yellow-tailed cuckoo is one of the few bird species to dine on hairy caterpillars.

While they are known to be shy and elusive and regularly sit statue-like still when looking for prey, yellow-billed cuckoos will make themselves known by their loud calls. They are sometimes called rain crows due to their inclination

to sound off at thunder.
At CROW, an adult yellow-billed cuckoo was admitted from Captiva after it struck a window and fell into a pool. Luckily, the bird was able to be fished



Patient #20-5188, rehabbing an injury to its legs, will be spending the winter months at CROW since it missed the migration period photo by Amber Strassler

from the pool within seconds. Upon arriving at CROW, veterinarians noted the patient to have mild respiratory crackles, likely from being in the water.

"Upon presentation, we always listen to our patients with a stethoscope. Respiratory crackles are heard when fluid is within the respiratory tract causing a 'popping' sound to occur as the tissues open and close during normal breathing against the fluid," said Dr. Melanie Peel, CROW veterinary intern. "Crackles can be caused by a

multitude of fluids, however, in this case, we do suspect water was aspirated from falling in the pool leading to this audible abnormality. The crackles resolved after a day or two as the fluid was absorbed."

The patient also suffered significant weakness in the legs, called paraparesis, from the window strike. The bird was started on pain and anti-inflammatory medication.

"Any spinal injury, regardless of how the patient hit, can lead to paraparesis,' said Dr. Peel. "Paraparesis is defined as weakness only in the hind limbs. The patient still had good motor of both hind limbs, but could not stand for many

Thankfully, the weakness was a temporary paralysis. Over the past two weeks, the cuckoo has gradually improved the use of its legs through supportive care.

"The patient has slowly been getting stronger and stronger," reaffirmed Dr.

The supportive care included assisted feeds and physical therapy.

"Physical therapy is not difficult in birds, with the largest difficulty being mitigating stress," said Dr. Peel. "We can use many tools, some as simple as just allowing the bird to grasp your finger and then moving your finger in order to put the limb through normal range of motion and encourage muscle use.

CROW medical staff have remained guarded on the cuckoo's prognosis. But, due to the seasonal change, the patient will have plenty of time to recover.

"This patient is still weak but improving," said Dr. Peel.
"Unfortunately, this patient has missed
the rest of migration and will over-winter at CROW for further rehabilitation."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆

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'Ding' Darling Day Celebrates Nature And 75 Years



ABC7 filmed three segments of its More Explores morning show at "Ding" Darling Day, here with Acting Refuge Manager Kevin Godsea

oved to December 1 because of COVID-19 and the "Ding" Darling 75th anniversary, this year's "Ding" Darling Day brought opportunity for free outdoor activity on a brisk early





The team from Big Cypress National Preserve was among the exhibitors along Wildlife Drive



"Ding" Darling" 2021 artist-in-residence Rachel Pierce demonstrated her art and talked to young artists-in-the-making



Supervisory Refuge Ranger Toni Westland led the Go the Distance distanced bike tour on Wildlife Drive



Plein air artists painted along the drive and trails



CROW brought its live animal ambassadors to share



Acting Refuge Ranger Kevin Godsea and "Ding" Darling Wildlife Society President Mike Baldwin filled a 75th Anniversary time capsule with memorabilia - including a refuge logo facemask - to be discovered 25 years from now. It will be on display in the Visitor & **Education Center.**



Exhibitors such as Sanibel Sea School interacted with visitors in a safe, distanced manner



The U.S. Fish & Wildlife Service fire team brought its swamp buggy and talked about the importance of prescribed burns to the environment



1700 Periwinkle Way • Sanibel Island, FL 33957 Phone: (239) 472-9300

Square Sportella



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Interim Director and Curator

asterotia guadrata (Hinds, 1843) grows to be around 14 mm (about 0.55

inches) and has a "squarish" shell with irregular and variable outline. The shell has a slightly granular ("pebbly") sculpture, and its hinge is garnished internally with one cardinal tooth on each valve. A ridge is present near the posterior margin. The presence of the species on Sanibel is represented in the Shell Museum collection by loose valves found in 2015-16 by Susan J Hewitt on Turner Beach. Kead more about mollusks and their shells at www. shellmuseum.org/shell-guide and www. shellmuseum.org/blog.

The Bailey-Matthews National Shell is open from 10 a.m. to 5 p.m. daily. Holiday hours are noon to 4 p.m. Safety measures have been put in place, and staff and visitors are required



The Square Sportella, Basterotia quadrata, from Sanibel

photo by José H. Leal

to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit www. shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.☆

Legion Post 123 is serving barbecued ribs and chicken this Sunday, December 13. Pot roast is on the menu for Sunday, December 20.



The Ugly Christmas Sweater Extravaganza will be held in conjunction with Open Mic Night on Thursday, December 17 beginning at 6 p.m. There will be judging for prizes, food and a

Chrismas sing-along.

American

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesdays. Steak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5

p.m. on Monday nights.

If you have a flag that needs to be retired, you can drop it off at Post 123.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.

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Santa and his elves will be waiting for you on Picnic Island

photo provided

Cruise To A Deserted Island To Meet Santa

'f you've ever wondered where to find Santa on Christmas Eve, try a deserted Lisland in the waters surrounding Sanibel. Adventures In Paradise can take you there aboard Dolphin Waters, a 45-foot, open air Corinthian power catamaran.

Bring the family and cruise among the dolphins to visit with Santa, where he'll be waiting on Picnic Island with gifts for all the children. Photos of your family with Santa at a safe distance will be provided complimentary but you must be 12 elf feet apart (or about six feet). "Our

goal is to continue Santa's tradition, be safe and have fun," said Adventures in Paradise owner Evelyn Stewart. Along the way, guests will sightsee and learn about mangrove islands and estuaries, where the Calusa Indians once lived.

Santa's Dolphin & Wildlife Cruise is an hour and a half long and has several staggered departure times available with the first beginning at 9 a.m. on Thursday, December 24 and returning at 10:30 a.m. Spots for their 9:30 and 10 a.m. are also available at this time. Tickets are \$69 per adult and \$59 per child. Reservations are limited as the boat will be operating at lower than normal capacity. Tickets can be purchased by calling 472-8443 or by visiting www.adventuresinparadise.com.

Adventures In Paradise Cruises depart

from "G" dock at Port Sanibel Marina.

Family owned and operated for the past 34 years, Adventures in Paradise offers shelling and lunch excursions to the barrier

islands, sea life encounters, backwater fishing cruises, morning dolphin and wildlife cruises, afternoon dolphin cruises and sunset dolphin and wildlife cruises.

Registration Fees Due For Tarpon Tournament

he 9th annual "Ding" Darling & Doc Ford's Tarpon Tournament will be held on Friday, May 14. It will be a double pot tournament with 100 percent of 2020 and 2021 registration fees going to the prize winnings. All 2020 teams are already registered for this tournament. Teams will keep their starting position from 2020 registration.

The 2021 tournament is open to teams who chose to have their 2020 entry fee held to reserve their spot in the 2021 tournament. For those who have not yet paid for 2021, the registration fee is due by Monday, December 14.

Fifty five teams are currently confirmed but the registration fee must be received by December 14 to keep your spot in the tournament.

Teams need to pay an additional team registration fee for the 2021 tournament (\$500 per team of four anglers plus \$150 for each additional angler, up to a total of six anglers).

Teams who do not pay the 2021 registration fee by December 14 will lose their spot. They will be refunded for their 2020 entry fee. Their spot will be available for those on the waiting list. Any

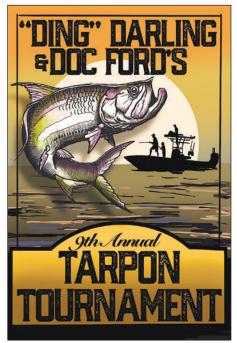


image provided

new team will enter at \$1,000 for a team of four.

Teams who request a refund will lose their current spot in the tournament.

If you would like to request a refund, have any questions, or need assistance with payment, contact April Boehnen at 472-1100 ext. 256.☆



The following Sanibel & Captiva businesses will be offering a donation to Community Housing & Resources that is funded by you walking through their door and shopping local! Each participating business including amazing restaurants, resorts, retailers and your community grocer has selected a date that they will be hosting the GBW fundraiser and donating a portion

of their proceeds to CHR.



So, make plans to eat out, shop and play at these generous local businesses on Wednesdays and support CHR.



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SEPT 16





SEPT 30







OCT 14



OCT 28



NOV 11

NOV 18

NOV 25







DEC 9

DEC 23









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The Community House Pine Nuts





by Resident Chef Jarred Harris

ine nuts also known as Indian nuts, pinon, pignolia, pignolis and pignole, are the seeds of pine trees. These seeds are found between the scales of pine cones and considered a delicacy in many cultures around the world. There are many different spices of pine trees grown around the world, however, only 20 of those species produce seeds that are edible. These delicious seeds are most commonly used in pesto, salad toppings and even desserts.

Eating pine nuts dates back over 6,000 years. They were a common food staple for various Native American Indian tribes as well as ancient Asian, Mediterranean and Latin cultures. In European folk medicine, pine nuts were used to treat gout and cataracts. Ancient Greeks and Romans commonly preserved pine nuts in honey and used them to treat impotence. It was considered the Greek and Romans version of Viagra.

Harvesting pine nuts is a

labor-intensive process, which explains their high price. The extraction method is slow and primitive, but effective. It takes 15 to 20 years for the trees to begin producing the seeds. The majority of the North American pine nut harvest comes from wild, uncultivated trees. The majority of the seeds are harvested by hand.

Pine nuts contain minerals such as manganese, potassium, calcium, iron, magnesium, zinc and selenium. As a matter of fact, pine nuts are one the richest sources of manganese.

Pine nuts are used for appetite suppression, to protect vision health, as an energy booster. They also lower the risk of heart disease and contain antiaging antioxidants.

Here is a simple recipe to try using pine nuts:

Raspberry Chicken and Pine Nut Salad

1 small jar organic raspberry preserves

2 tbsp. olive oil

1 tbsp. white wine vinegar

1 tsp. Dijon mustard

Salt and ground black pepper 2 tbsp. scallions (minced)

1 cup raspberries (fresh)

4 cups cooked chicken breast (cut into 1-inch pieces)

1/2 cup pinenuts (toasted)

Method

Place the raspberry preserves, oil, vinegar, Dijon mustard and salt and pepper into a mixing bowl. Whisk until well blended.

Add the scallions, raspberries and diced chicken to the vinaigrette. Gently toss until well coated.

Add the pine nuts to the salad and

serve over a bed of lettuce.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel.

For volunteer opportunities or auestions, contact him at kitchen@ sanibelcommunityhouse.net or call



Chamber President and CEO John Lai models his custom-made holiday mask at Captiva's golf cart parade

From page 1

Mask Challenge

keep the pandemic numbers down, so we're trying to have a little fun facing a very serious problem," said Denham. "It still has the same objective to keep the islands safe.

Entrants can submit as many photos as they wish, but cannot submit the same mask for more than one month. Business owners and city or chamber employees are ineligible to enter.

"The Mayor's Mask Challenge celebrates those doing their part to comply with the chamber's SanCap Safe initiative," said John Lai, chamber president and chief executive officer. 'We know that wearing a facemask is so important and will ultimately be a symbol of this time, so we might as well have some fun and work together to slow the spread and fight COVID-19." 常

SOCIAL DISTANCING at Gramma Dot's



Out of respect for all those within my employ and for our loyal patrons who dine with us year after year. Gramma Dots shall practice "social distancing" in the air-conditioned inside (at 50% occupancy) and outside - all servers and employees shall wear masks at all times.

-Myton Ireland

Reservations are available for social distancing outdoor dockside dining call 472-8138

Gramma Dot's at the Sanibel Marina, "A nautical gem on a jewel of an island"

"People's Choice Award" 7 times, Trip Advisor "5 stars"



"Welcome Aboard"

634 N. Yachtsman Drive www.SanibelMarina.com

Shells Found



Agron and Hunter Benham

aron, 8, and Hunter, 12, Benham from Akron, Ohio found some large horse conchs on the beach while staying at West Wind Inn. They also had a great time with Playtime Charters.�

Shell Found



Olivia Hill

livia Hill, 10, from Arlington Heights, Illinois found an alphabet cone on Bowman's Beach on December 2. Her brother found one a couple days earlier. Olivia was visiting her

Vegetation Trimming Project Under Way

ee County Electric Cooperative (LCEC) contractors are working on vegetation and maintenance trimming on Sanibel. Working hours are Monday through Thursday from 7 a.m. to 5:30 p.m. and the project is expected to be completed by March 31. No trimming will be conducted on Thursday and Friday, December 24 and 25 or Thursday and Friday, December

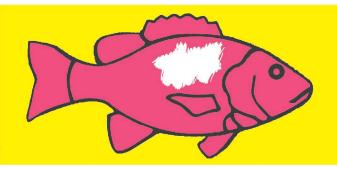
31 and January 1.
Visit https://files.constantcontact.
com/97af97e6001/068af042-2521-41e1-926f-4ee2862e57a3.pdf to view the map of the areas to be trimmed. The crews started on Periwinkle Way. Motorists are advised to be aware of all signs and traffic control on the scene.

For more information regarding LCEC's annual circuit trimming maintenance project, call 656-2300.

> Our email address is press@islandsunnews.com



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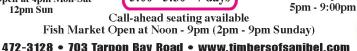
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Taco-Stuffed Bell Peppers

3 large bell peppers (your favorite color), halved lengthwise, seeds removed

- 1 pound lean ground beef
- 2 cups tomatoes, diced
- 1 cup zucchini, diced small
- 1 cup squash, diced small
- 1 cup onion, chopped
- 1 tablespoon garlic, minced
- 1 lime, juiced
- 1 teaspoon oregano
- teaspoon onion powder
- 1 teaspoon smoked paprika
- 1 teaspoon chipotle chili powder
- 1 tablespoon chili powder
- 2 cups Colby jack cheese, shredded (or your favorite)

Olive oil, for cooking

Various toppings, such as tortilla chips, sour cream, and cilantro

Sea salt and fresh ground pepper, to

Preheat a large sauté pan over medium-high heat. Preheat oven to 375 degrees. Add olive oil to preheated sauté pan. Add chopped onion to the pan and cook until translucent. Add garlic and ground beef to the cooking



Taco-Stuffed Bell Peppers

onions. Brown ground beef and drain any excess fat. Add the lime juice, dry spices, tomatoes, zucchini, and squash; stir to combine. Remove from heat and let cool slightly. Add about half of the cheese to

the beef mixture and stir to combine. Evenly stuff each pepper half with the beef mixture. Top each stuffed pepper with the rest of the cheese. Place stuffed peppers on a cookie sheet and bake in

photo courtesy Fresh From Florida

preheated oven for 15 to 20 minutes. Remove from oven and let cool slightly. Serve warm with chips, salsa, and sour cream.☆

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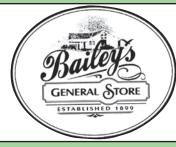
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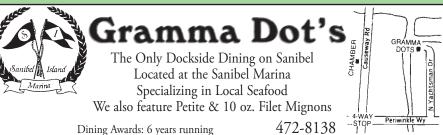


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BIG ARTS Corner

Workshops And Seminars

IG ARTS is offering the following workshops and seminars:

Adobe Lightroom with Denny Souers – Mondays, January 4 to 25, 1 to 4 p.m. Members \$80; nonmembers \$100. Virtual Workshop: Figure Drawing from

Photographic References with Francesco Gillia – Tuesdays, January 5 to 19, 9:30 a.m. to noon. Members \$93; nonmembers \$116.

Pastels with Mary Klunk – Tuesdays, January 5 to 26, 9:30 a.m. to noon. Members \$85; nonmembers \$106.

Glass Fusing with Petra Kaiser – Wednesdays, January 6 to 27, 9:30 a.m. to 12:30 p.m. Members \$99; nonmembers \$124.

Open Studio: Decorative Painting with Sally Parsons – Wednesdays, January 6 to March 31, 9:30 a.m. to 12:30 p.m. Members \$8; nonmembers \$8.

Glass Fusing with Petra Kaiser -Thursdays, January 7 to 28, 9:30 a.m. to 12:30 p.m. Members \$99; nonmembers

Beginner Photography with Denny Souers – Thursdays, January 7 to 28, first class 9 a.m. to noon, classes 2, 3 and 4 7 a.m. to noon. Members \$111; nonmembers \$139.

Beginners Watercolors with Sunny Krchmar – Fridays, January 8 to 22, from 9 a.m. to noon. Members \$156; nonmembers \$195.

Intermediate Watercolors with Sunny Krchmar – Fridays, January 8 to 22, 1 to 4 p.m. Members \$156; nonmembers \$195.

Life Drawing – Open Studio Non-Instructed with Carol Rosenberg – Fridays, January 8 to 29, 9:30 a.m. to noon. Members \$69; nonmembers \$86.

The Perennial Philosophy: Catching a Glimpse of Truth and Beauty in Each Religion and Every Branch of Science with Ran Niehoff – Tuesdays, January 12 to 26, 9:30 to 11 a.m. Members \$80; nonmembers \$100.

Beginner Pastel with Donna Filomio -Friday, January 15, 1 to 4 p.m. Members \$85; nonmembers \$106.

New Techniques in Pastel and Preservation with Donna Filomio -Monday, January 18, 9 a.m. to 4 p.m. Members \$145; nonmembers \$181.

The Joy of Writing with Vicky Lettmann – Mondays, January 18 to February 22, 9:30 to 11:30 a.m. Members \$110; nonmembers \$138.

Seed Bead Weaving: Spiral Rope Technique with Anita Gober – Wednesday, January 20, 9 a.m. to noon. Members \$57; nonmembers \$72.

Art Evening: Shorebird on Palm Bark with Jenny Licht - Thursday, January 21, 6 to 9 p.m. Members \$44; nonmembers

Zentangle with Meg Scott – Thursday, January 21, 9:30 a.m. to noon. Members \$35; nonmembers \$44.

Drawing Basics with Douglas David -Saturday, January 23, 9:30 a.m. to 3:30 p.m. Member s\$125; nonmembers \$156.

Paint Seascapes in Oil with David Douglas – Monday and Tuesday, January 25 and 26, 9:30 a.m. to 3:30 p.m. Members \$250; nonmembers \$313.



Virtual Workshop: One Day Drawing Workshop: Ears with Francesco Gillia -Tuesday, January 26, 9:30 a.m. to 3 p.m. Members \$95; nonmembers \$119

Art Evening: Glitzy Jellyfish on Canvas with Jenny Licht - Thursday, January 28, 6 to 9 p.m. Members \$55; nonmembers

Palette Knife Painting in Oil from Landscape Photography with Jan Atkielski – Friday and Saturday, January 29 and 30, 9 a.m. to 3:30 p.m. Members \$160; nonmembers \$200.

The health and safety of instructors, students, staff and patrons is a priority at BIG ARTS. Staff is following CDC recommendations and asks for your cooperation in best practices safety standards. All students and instructors must wear a mask and social distance. Class seating will be carefully spaced. Signage and procedures are posted in the facility. All rooms are sanitized between classes and class sizes will be limited.

Call 395-0900 or stop by the BIG ARTS center at 900 Dunlop Road on Sanibel to enroll. Preregistration is recommended. For complete course descriptions, workshop and class schedules, visit www.bigarts.org/ workshops, or email info@bigarts.org.☆

From page 1

Art League Exhibit

many different styles used. This will be a beautiful exhibit appealing to everyone in some way," she said.

Sanibel-Captiva Art League was started in 1964 by a group of 25 island artists who wanted to further the interest in art within the community. The first show, of 19 paintings, had hung for a single day in the Captiva Post Office a year earlier. Since then, the league has evolved into presenting large exhibits and juried shows in public venues, such as the Sanibel Public Library and the Captiva Civic Center. The league currently has about 160 members from across Southwest Florida.

This year's exhibit is juried by Barbara Hill, who runs Hill Fine ART Consulting and previously was the executive director and curator at The von Liebig Art Center in Naples. Hill thought this year's title, Exploration, was perfect to capture the spirit of the art in the exhibit.

'While not intended, I found the Exploration title of this 2020 Sanibel-Captiva Art League exhibition to actually be a very appropriate theme, with so many artists focusing on places near and far, and what one might discover while there," she said. "I thank each of the artists who submitted the 93 artworks for review. This will be a beautiful show, highlighting the talents of the Sanibel-Captiva Art League and members of the Art Council of Southwest Florida.

The exhibit will be on display until Sunday, January 31.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, visit www.bigarts.org or call the box office at 395-0900.\$



FRIDAY, DECEMBER 25

BUFFET SEATINGS FROM NOON TO 6PM

ADULTS \$59 · CHILDREN 4-12 \$20 · CHILDREN 3 & UNDER FREE Plus Tax & Gratuity

BUFFET HIGHLIGHTS

Charcuterie Display & Iced Seafood Assortment Roasted Turkey Brined in Citrus, Champagne & Rosemary Rosemary-Dijon Prime Rib with Horseradish Cream Mustard-Tarragon Glazed Ham with Pineapple Salsa Crab & Lobster Stuffed Flounder with Sherry Cream Sauce Chef's Dessert Board with Christmas Cookies, Cakes & Pies

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SCCF staff and volunteers collecting spat data

Shell Club Awards Grant To SCCF For Oyster Project

ince 2009, the Sanibel-Captiva Conservation Foundation (SCCF) has restored four acres of oyster reef habitat in the waters surrounding Sanibel and Captiva. SCCF applied for a grant from the Sanibel-Captiva Shell Club this year to further the project. The shell club board recently approved the grant in the amount of \$2,000 to provide support for the collection of monthly spat data (oyster larvae that becomes permanently attached on appropriate habitat to grow) and

photo provided

the annual live oyster "density and size" sampling in San Carlos Bay and Tarpon Bay, which takes place in February. The study will include monitoring of the Caloosahatchee and Lake Okeechobee discharges to help determine how they affect the oyster reefs.

The Sanibel-Captiva Shell Club awards grants from the proceeds of its annual shell show. Grants are given toward education and research in the fields of conchology and malacology, as well as for conservation and water quality projects, primarily in Southwest Florida. There will be a Virtual Shell Show in March 2021 due to the coronavirus pandemic. For more information, visit www. sanibelshellclub.com.

PLACE CPS PLACE OPEN DAILY LUNCH: 11:30 a.m. - 4 p.m. HAPPY HOUR: 3 - 6 p.m. DINNER: 4 - 9 p.m. Cips Place 239-472-0223 239-472-0223 2055 Periwinkle Way Sanibel, FL 33957 CipsPlace.com

BIG ARTS Monday Night Film Series

The Whistlers

by Di Saggau

The BIG ARTS Monday Night Movie for December 14 is the Romanian spy thriller The Whistlers. It's been described as a tart romp about a tangle of double crossings. Cristi (Vlad Ivanov) is a dirty cop from Bucharest who is caught in the middle of an intricate plot involving drug money and a moneylaundering scam in La Gomera in the Canary Islands. Cristi takes lessons in El Silbo, a whistling language. Scenes of his lessons prove that he's not exactly a natural and are a showcase for the director's acidic sense of humor.

The story is told through a series of hyper-compartmentalized narrative episodes, each of which begins with an inter title that explains which supporting character is the focus of the next segment. There are flashbacks and flash-forwards, and lots of descriptive dialogue to keep viewers busy connecting the story's dots, while Cristi pursues the drug money that Gilda, the femme fatale in the film, and her former partner have stashed away.

The Whistlers is an old-school film noir with some modern style applied to charmingly outdated character types. Cristi's biggest priority is helping himself while he convinces everybody else that he's on their team, too. The film runs one hour, 38 minutes and is compelling on a moment-to-moment basis, because the director knows how to shoot his uniformly strong ensemble cast. He's also good at staging tense conversations. Tickets are \$10 and can be purchased online or at the box office. There will be no discussion following the film.

BIG ARTS is practicing the highest standards of safety during this challenging time. All visitors are required to wear masks and are asked to be mindful of social distancing. BIG ARTS is selling only 50 percent of the

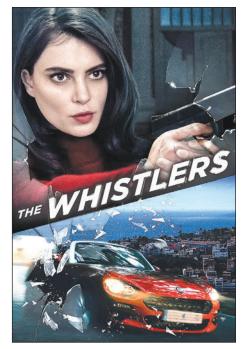


image provided

seats in Christensen Performance Hall. Until further notice, only 200 seats will be available for any event in the hall, and a maximum of 30 people will be allowed in the gallery at any given time. BIG ARTS has enhanced its air filtration system, all surfaces are wiped down between use, a professional sanitizing fogger is being used after each gathering, and there are hand sanitizing stations throughout the ground floor.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, call 395-0900 or visit www.bigarts.org.

Local Named To Dean's List

Tsabella Sbarra-Michelland qualified for the Fall 2020 Dean's List at Belmont University. Eligibility is based on a minimum course load of 12 hours and a quality grade point average of 3.5 with no grade below a C.☆



Fundraising Goal Set For Children's Education Center

submitted by Kerra Cook, CECI Executive Director

Since our humble beginning on Sanibel, we have been in service for these islands and the future-building of this community. We are the Children's Education Center of the Islands (CECI, fondly pronounced "sessy" or "seesee") or that nature preschool where kids learn to love the environment by playing outside all day.

environment by playing outside all day.

Many of you may not know that
CECI is a nonprofit organization.

We were founded 46 years ago as a
parent cooperative for young children
on Sanibel to socialize and for their
families to create a community on our
island. Our very foundation is built upon
the families of CECI and their need for
their children to learn, grow and to find
their place within the natural world.

Fast forward 46 years later and here we are. We remain a close-knit community that wants and needs our children to learn, grow and to find their place within the natural world. To honor our founding families and to continue to provide a stellar, nature-based early childhood education, we are banding together to support our school.

We have been here to care for generations of children. Whether it was you, your neighbor, your children,



A preschooler exploring

or your grandchildren that have attended CECI over the years, you are a foundational piece of our history and community influence.

While we continue to ensure that children have safe, healthy and meaningful opportunities for nature connection as well as a high-quality education, 2020 has brought many

photo by Twist of Fate Imagery

Our center runs with annual expenses historically averaging \$268,000 (prior to the funding of a scholarship program and building repairs). Faced with COVID-19 regulations and closures, lower student teacher ratio requirements, overall limitations to enrollment capacities

financial hardships to our organization.

and an inability to hold in-person fundraisers, we have depleted a significant portion of our financial reserve. Put simply, our tuition income alone is not enough to sustain our organization.

We have been here to care for your children and the children of your community. Now, we need to appeal to you and request your support.

We usually hold two fundraisers per year to raise money to sustain our organization.

Due to all things 2020, we are in dire need of a major fundraiser. Our board of directors (made up of our current students' family members) have set the goal to raise \$50,000 before the end of the year.

It's an ambitious task to say the least, but CECI is a pillar of our community and supported by people like you – people who believe, as we believe, that the very foundation of our unique island begins with our youngest children.

begins with our youngest children.
Our current family, The Galantinos, kicked off our fundraising campaign by donating their professional time and expertise for an in-house effort to meet our end of year goal. Courtney and Carey Galantino of Twist of Fate Imagery captured timeless photos of each child at school. This fundraiser raised \$600 to start the forward moving momentum of our \$50,000 goal.

To learn more about CECI and to donate, visit www. childrenseducationcenter.com or call 472-4538. CECI is located at 350 Casa

Ybel Road on Sanibel.☆



Visit our award-winning
newly remodeled restaurant
and enjoy creative farm-to-table
dishes, each carefully crafted
with the freshest ingredents.
And be sure to check out our
new bar room addition featuring
small plates and yummy drinks.
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Call 239–472–5555



Margie Klein and Ian Wainwright with books for sale

photos provided

Books To Borrow Or Buy At Sanibel Public Library

anibel Public Public Library is open for normal hours, and also offering its popular contactless curbside service, with hundreds of green bags going out to patrons each

week. To use the service, place items on hold online, or make requests by calling 472-2483. You will be notified when your items are ready for pickup. Patrons will have three days (excluding Saturday and Sunday) to pick up items. Hours for curbside pickup are Monday through Friday from noon to 3 p.m.

The library's Book Sale Room has lots of new fiction, coffee table books and many illustrated children's books. Most books are priced under \$4. The



Skippy, the dog recommends borrowing holiday fiction with your library card

canvas library tote bags are \$15 and are made in the USA. There are 12 different colors from which to choose.

Youth Services Librarian Deanna Evans offers virtual stories, songs and smiles; her online storytimes can be found on the children's page at www. sanlib.org/children.

Library cardholders can borrow cooling kits such as a paella or crêpe pan, tart pans, empanada press, cookie kits and novelty cake pans. The cooking



Deanna Evans shows Hanukkah eBooks for children on the Hoopla Digital app

kits are a great way to experiment with new cooking techniques. Any cook, from the fledgling foodie to a more accomplished culinary artist, will find the kits useful. The library also offers more than a thousand cookbooks; from pies and cookies to cake pops, from Florida Cracker to Cuban, to Keto or recipes for your instant pot.

Digital archives are now online. With nearly a thousand items, this ever-growing collection is a dynamic view of Sanibel's past. From the first homesteaders to important events in the island's recent history, the digital archive collects, preserves and provides access to all items that are valuable to island history. To see the images, newspapers and oral histories, go to the homepage at www.sanlib.org. Seed development for this ongoing project is supported in part by the Roni Jo

An exhibition featuring memorabilia from Jay Norwood "Ding" Darling is still on display. The exhibit includes never-before-seen artifacts, historical documents and artwork, commemorating the 75th anniversary of the refuge. While you're there, stop by the main entrance lobby and take a selfie with "Ding," including his signature, and various birds of Sanibel overlayed on your selfie.

Public access computers, copiers, scanners and printers are available for use. Precautions are in place to help protect staff and patrons from COVID-19. Patrons have to maintain social distance inside the building and wear masks, (except for children under age 6). Staff is implementing safety and sanitatizing procedures consistent with the CDC and Florida Department of Health guidelines.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org.\$



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(Across from CVS)



Thank you, Sanibel and Captiva for supporting our school!



Thanks to you, The Sanibel School is able to offer an award-winning, high-quality education to the children of Sanibel, Captiva and neighboring communities. Yes, we are a public school, but the support we receive from our friends and neighbors around the islands allows our teachers and staff to provide our students a world-class experience at this truly community-based school.

Our 2020 Blue Ribbon Supporters







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Educational Enhancement Opportunities

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Trouble In Paradise



by Di Saggau

It's always fun reading books by local author Jennifer Schiff. Trouble in Paradise is the sixth book in her Sanibel Island Mystery series. Guinivere Jones is back again, and this time she is

busy remodeling a home on Sanibel that was to be her dream home but has become a nightmare. This is due to the unprofessional work by her contractor, a man named Frank Funt. To make matters worse, Guin has discovered his body in her bathtub.

Because she is the last person to see Funt alive, she becomes a prime suspect in his death. She is questioned often by Detective William O'Loughlin, with whom she has an on-and-off relationship. Her former boyfriend Ris, also called "Dr. Heartthrob," is no longer on the scene. I expected him to reappear sometime. Maybe in the next book.

Guin works as a reporter for a local island paper, and we hear familiar names tossed about such as Congress Jewelers, Over Easy Cafe and many other popular places. She's working on a series for the paper about why people fall in love with

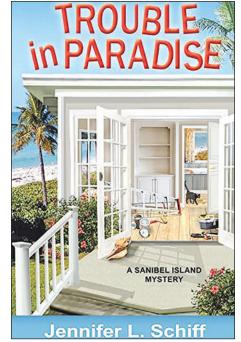


image provided

Sanibel, and also reviewing a book by a local author. But first and foremost, she wants to find out how her contractor ended up in her bathtub, dead. That's the big question and that's what puts Guin in a crime-solving mood to get the answer.

Through her investigative skills, Guin learns that her former contractor has a shady past. There are plenty of interesting characters to make the book very interesting, and Schiff is also excellent at dialogue. Trouble in Paradise is a cozy mystery that will keep you guessing until the end. Speaking of that, it's a cliff-hanger ending that makes you anxious for book

number seven, which is scheduled for next year. On January 12, McIntosh Books will host Schiff for a virtual book talk **

School Smart



by Shelley M. Greggs, NCSP

Shelley,
I hear about executive functioning and its problems often. I'm not really clear on exactly what is meant by executive functioning and how

it impacts kids. Please explain this term.

Peter V, Fort Myers

Peter.

Executive functions are basic self-regulating skills such as planning, organizing, making decisions, shifting between situations or thoughts, and controlling impulsivity. All of us, adults and children included, use executive functioning skills every day to accomplish just about everything we need to do. Kids rely on their executive functions for everything from brushing their teeth, to riding a bike to organizing their homework and school responsibilities.

Children who have poor executive functioning, including many children with attention deficit hyperactivity disorder (ADHD) and/or learning disabilities, are frequently much more disorganized than other kids. In general, any person with poor executive functioning skills take longer to do simple chores and often become overwhelmed while doing simple tasks. Multistep or complex tasks are even more difficult for people who struggle with these skills. Schoolwork can often become a nightmare for these children because they forget assignments, books, regularly lose papers, don't know how to plan or start long term assignments until the night before they are due. These kids or adults are scattered, disorganized and struggle to get through most tasks.

Teaching organizational skills to children who have this difficulty are one of the best ways to help them, according to learning specialists. Writer Rachel Ehmke, from the Child Mind Institute, provides some strategies used to teach kids and their parents to help them tackle schoolwork as well as other responsibilities that take organization and follow-through.

Checklists – The steps necessary for completing a task often aren't obvious to kids with executive dysfunction and defining them clearly ahead of time makes a task less daunting and more achievable. Following a checklist of steps also minimizes the mental and emotional strain many kids with executive dysfunction experience while trying to make decisions. "With a checklist, kids can focus their mental energy on the task at hand," said Ruth Lee, Med, educational therapist.

Set Time Limits – When making a checklist, many educational therapists also recommend assigning a time limit

for each step, particularly if it is a bigger, longer-term project. Matt Cruger, PhD, director of the Child Mind Institute Learning and Development Center, likes to practice breaking down different kinds of homework assignments with kids to get them used to the steps required – and how long they might take.

Use a Planner – Educational specialists also emphasize the critical importance of teaching children how to use a planner. Most schools require students to use a planner these days, but they often don't teach children how to use them, and it won't be obvious to a child who is overwhelmed by or uninterested in organization and planning how to use it. Establish a Routine – This is

Establish a Routine – This is particularly important for older kids, who typically struggle more to get started with their homework. Educational specialists recommend starting homework at the same time every day. Ideally, kids should come home, unpack their bag, have a snack and then get started.

Use Rewards – For younger kids, putting a reward system in place to highlight the value of these new strategies. This may help kids see the connection between practicing their skills and working towards a reward. School is really hard for these kids, and they will need to be encouraged to use these new strategies.

These are a just a few strategies that may be helpful. The Center on the Developing Child from Harvard University has an excellent, free 16-page guide available for download, that describes a variety of activities and games that represent age-appropriate ways for adults to support and strengthen various components of executive functioning in children. I encourage you to read this.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Top 10 Books

- 1. A Promised Land by Barack Obama
- 2. Anxious People by Fredrick Backman
- 3. The Book Woman of Troublesome Creek by Kim Michele Richardson
- 4. Nothing to See Here by Kevin
- 5. Tinder Fella by Jennifer Schiff
- 6. The Boy from the Woods by Harlan Coben
 - 7. The Sentinel by Lee Child
 - 8. One by One by Ruth Ware
- 9. Eleanor by David Michaelis 10. Caste by Isabel Wilkerson Courtesy MacIntosh Books and Paper.☆





Anna Eskamani

photo provided

Virtual Meeting With State Representative

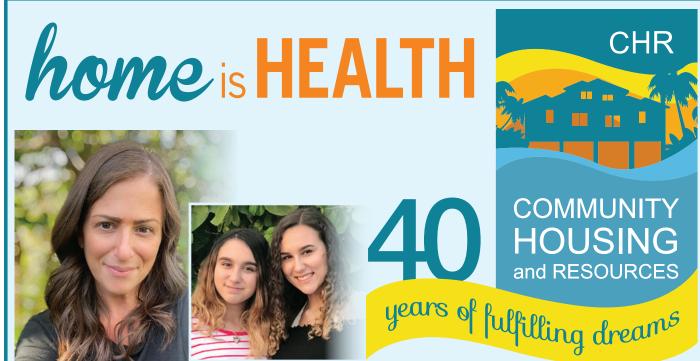
n Thursday, December 17, the Progressive Club of the Islands will hear from Florida State Representative Anna Eskamani. Her topic will be What's Next for Florida Progressives in the Legislature, at the Grassroots, and in the 2022 Elections? The virtual meeting will take place at 4 p.m. on Zoom and Facebook.

Born and raised in Orlando, Florida, Eskamani is the daughter of working-class immigrants. She was first elected to serve District 47 in the Florida House in 2018, and was re-elected this year. She is a widely recognized champion of LGBTQ equality, the environment, affordable housing, increased access to

healthcare and public education.
As a self-described bridge builder, Eskamani has constructed an ambitious legislative agenda, sponsoring or co-sponsoring dozens of bills aimed at making the system work for everyone. She sees her role as that of an advocate for all Floridians, and is fearless in holding politicians of both parties accountable to those they represent. She supports civil discussion and building consensus across party lines. Eskamani's work and success have become increasingly well known and respected throughout Florida, as well as garnering national attention. The list of her endorsees includes President Barack Obama. This is an interactive meeting, providing time for questions.

To attend the meeting, email pcisancap@gmail.com to receive the Zoom link, or watch live at www. facebook.com/pcisancap. The 2021 dues are now due and payable to PCI for \$30 for individual or \$60 per couple to: PCI, P.O. 898, Sanibel, FL 33957. For more information, call 994-3175 or email pcisancap@gmail.com.\$

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Living in Sanibel was always a dream for me since my first drive over the causeway in the early 1990's. I said to my mom, "I think I'm gonna live here one day."

Fast forward to 2012, I'm a newly divorced single mom of two beautiful daughters living with my mom in Estero. I began working at the Shell Museum here on Sanibel and commuting from Estero daily about 45 minutes each way. A volunteer at the museum told me about CHR and encouraged me to apply. Two years later, when I finally turned in my application, I was happily surprised to find out a 2-bedroom unit was available! My knees were literally shaking. I could not believe this could actually be mine.

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I have a successful career at the Shell Museum where I've worked in a variety of positions. I am a selftaught, award winning photographer since 2010 and find solace and refuge in my photographs. I love nature and to capture its beauty in macro shots of shells and flowers, seascape views of sunrise, sunset and even mountains through my lens. You can see my work on my website at melanie-moraga.pixels.com.

CHR allowed me to be part of a community that I fell in love with 20 years ago. And I've learned through CHR that greatness is not based on what I have but instead on what I can give back."

-Melanie Moraga, CHR resident

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Business Women To Hear From Two **Guest Speakers**

he Sanibel Captiva Business Women's Association Noon Zoom meeting on Tuesday, December 15 will feature two guest speakers: Tom Louwers, CEO of Friends Who Care, Inc.; and Becky Miller, general manager of Sundial



Beach Resort & Spa. Louwers leads Friends Who Care in memory of his wife Theresa, who founded the organization in 1983.

Friends who Care supports children and adults in crisis situations year-round,

working anonymously through information from local churches, schools, the City of Sanibel and local organizations. Contributions are collected, sorted and wrapped, then delivered during the annual Kiwanis Santa Run, which has been redesigned as a pick up program this year in light of the pandemic. Last year's drive served 150 children and their families with toys, gift cards and holiday meals.

Both Tom and Theresa Louwers were active members of the Sanibel Captiva chapter of the national American Business Women's Association, which has since closed and evolved to the local Sanibel Captiva Business Women's Association.

To contribute or volunteer for Friends Who Care, call 472-5152.

Miller brings a background in the hospitality industry and over a decade of general management experience to Sanibel. "Since my family started vacationing at Sanibel Siesta in the '70s, it has been my dream to live here," said Miller. "Despite the challenges facing our industry, our team is determined to sustain Sundial Beach Resort & Spa's reputation



Tom Louwers speaks about Friends Who Care

photos provided

as a perennial favorite and contribute to the allure of the islands.

"Becky will discuss the ongoing innovation and flexibility required to drive the resort business today," said Gloria Garrett, group president. "Her journey through the hospitality industry in Ohio to Sanibel has equipped her with both learnings and entertaining stories to share. The community is welcome to participate in what promises to be an informative and enjoyable Noon Zoom.

Although she built her career in central Ohio and the Midwest, Miller's father loved Sanibel and the family vacationed many years at Sanibel Siesta. As a

college student at Ohio State, she spent summers waiting tables at legendary island institutions such as the Holiday Inn and FBB Oyster Company. In 2019 as general manager of the busy Embassy Suites Columbus-Dublin, Miller was offered the opportunity of a lifetime at Sundial Beach Resort & Spa.

Register for a free ticket on Eventbrite at https://SCBWANoonZoom.eventbrite. com. For more information on attending the meeting, contact gloria.garrett. marketing@gmail.com. Updates are posted on Facebook at https://www.facebook.com/Sanibel-Captiva-Business-Womens-Association-104265338120690. 公

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Mariner Pointe #522, 2nd floor updated 2 bedroom with this view from glassed balcony. No upper neighbor results in open front entry deck that serves just this condo. Community with waterfront amenities, \$484,900



Near-beach tropical lot on Buck Key Rd in Sanibel Bayous. Over 1/3 acre, zoned for single-family home with 25% coverage, 30% developed. Convenient to bayou,

Bowman's beach, school, & rec center. \$149,000



Mid-island parcel just off Periwinkle Way in Island Woods. Over 1/3 acre in Sanibel's newest community of olde-Florida-style home with shared pool & tennis.

Handy to bike path, shopping & beach. \$199,000



Easy-access corner ground-level Lighthouse Point 3 bedroom. Center lanai opens to this patio. East-end convenience in residential community with limited rentals, clubhouse, pool, & more. \$549,000 furnished



2nd floor 2 bedroom with den & this view at White

Sands #23. Small community (14 owners) with pool,

tennis, BBQs, & exterior storeroom. Exterior building just

renovated. Weekly rentals. \$1,099,000 turnkey

Gulf Shores near-beach home at 1015 Fish Crow Rd. Tiled great room with fireplace opens to screened raised pool with paver deck plus covered area. Cul-de-sac privacy yet beach access with parking nearby. \$649,000



Split-plan 2 bedroom with open fenced patio close to assigned covered parking & path to beach & bayou.

Onsite amenities & rental office make ownership easy & productive. Blind Pass #E101. \$499,000 furnished



Mariner Pointe #541 has this view. Ground-level with glassed lanai, ~1,130 sq. ft. 2 bedroom. Convenient to waterside pool, fishing pier, covered bayside community area, & boat docks. Deeded beach access too. \$515,000



Compass Point #232, 2nd floor 2 bedroom with balcony overlooking tropical vegetation with peek of gulf & this boardwalk to the gulf. On Middle Gulf Dr, great condo for vacations, snowbirds, &/or rental income. \$599,000

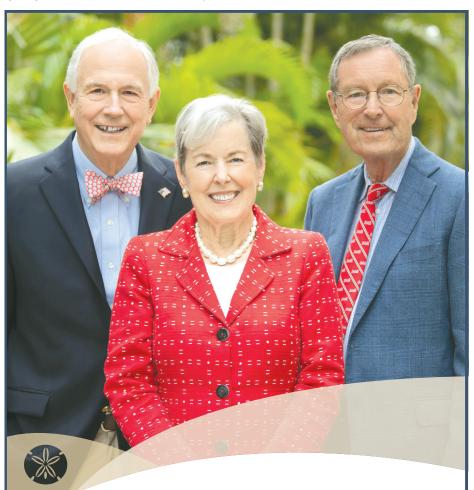


View to bay from master suite screened lanai at Mariner Pointe #411. Roomy 1st level 3 bedroom. Remodeled open kitchen opens to great room where 2nd lanai was enclosed to expand living space. \$599,00 furnished



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From left, Mike McMurray, Bill Robinson, John Nicholson and Jayne Lumley of the Sanibel & Captiva Island Association of Realtors with Maria Espinoza and Alica Tighe Orgera of FISH of

Realtors Donate Gifts For Families

hroughout the month of November, members of the Sanibel & Captiva Islands Association of Realtors (SCIAR) held a toy drive to benefit FISH of

Association members brought toys, gift cards and monetary donations to help families in need that work and live on the islands. In a letter from FISH, Executive Director Alicia Tighe Orgera wrote, "We are so grateful for the generosity of the realtors. It will help so many families!"

During the Merry FISH-mas event, the realtors and affiliate business partners raised around \$2,300 in cash, gift cards and other monetary donations. A large load of toys was also delivered to FISH.

Along with all of its realtor members and volunteers, the association would like to thank the communications and PR committee, as well as Matzaluna The Italian Kitchen for hosting the Merry FISH-mas drop-in event, and the following sponsors for their help in making this year's fundraiser a success:

Rosier Insurance, Simmons Law Firm, P.A., Superior Title Services and the Sanibel & Captiva Real Estate Guide.☆



From left, DDWS Associate Executive Director Lynnae Messina, David Lowden and Willy Ocasio of Bank of the Islands, and "Ding" Darling Supervisory Refuge Ranger Toni Westland photo provided

Bank Supports Refuge With **Sponsorship**

he JN "Ding" Darling National Wildlife Refuge wound up more than a year's worth of 75th anniversary celebrations last week, thanks to the support from sponsors such as Bank of the Islands, which donated \$5,000 toward the

refuge's special events and exhibitions.

Bank of the Islands has always been generous with its refuge support, and we are so grateful," said Birgie Miller, executive director of the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), which supports refuge conservation and education efforts.

'With Bank of the Islands as a part of the island community for nearly 25 years, we understand and appreciate history,"

continued on page 36

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Scholarship Established For Young Women

he Margaret B. Lee Scholarship Fund has been established to support young women from Sanibel or Captiva in their post high school education

Applicants should be either a high school senior who will attend an accredited college or university after graduation or a current college student at one of these institutions. The applicant must demonstrate financial need.

The scholarship is administered by the PEO Foundation of PEO International, a women's educational philanthropic organization that grants scholarships to high school graduates of outstanding achievement or of financial need, and women continuing their education to earn higher degrees or career certification.

The selection of the recipient will be



image provided

made by Sanibel Chapter FV of PEO. To apply or for more information, contact Jane Ramseth at 472-2877.

The Lee family funds the scholarship in accordance with the wishes of Margaret (Margie) who passed away in November 2019. Margie was an active member of the Sanibel PEO Morning Stars, women who remained affiliated with their northern PEO chapters. Margie was characterized as "beautiful woman with a brilliant smile who lived a life of The Sanibel Captiva Trust Company

Life Insurance As An Asset Class



by Krista J. Hinrichs, Wealth Services

ife insurance is one of the simplest and most powerful forms of financial protection. But like other assets within your estate, your policies need attention. Left

unattended, a policy bought years ago in a different economic climate and while your estate was considerably smaller (or larger) may not be meeting your original planning objectives. As interest rates have fallen over the past two decades, life insurers' investment portfolios have experienced lower returns than were projected years ago. As a result, many insurers have reduced the performance on their cash value, whole life and universal life products by lowering dividends and, in some situations, raising premiums or other fees. Any of these changes can affect a policy's long-term performance and if not addressed, can have harmful results.

A policy review starts with your insurance agent or consultant ordering in-force illustrations from the insurer to evaluate how the policy is performing against expectations. These illustrations assess existing interest rate risk and will reveal the outcome if the policy remains in place versus revising the terms of the policy.

When some policies underperform, or a scheduled premium is not paid, an "automatic premium loan" provision within the policy will be triggered to pay the missed premium. The long-term consequences of the loan, and loan interest requirements, could become detrimental to your planning objectives. These loans may not have an immediate tax impact. However, if the policy is permitted to lapse or terminate with a loan that exceeds premiums actually paid with cash, the policy owner will have an income tax liability for the difference between the total loan and the actual premiums paid. A policy review is an opportunity to address this situation and

to identify other potential issues.

Whole and universal types of cash value life insurance are commonly purchased for estate and wealth transfer planning goals. Both types of policies rely upon a rate of return on a cash value set by the life insurance company and guaranteed for a set amount of time. Even though rates have fallen over recent history, volatility is reasonably low, and performance is considered to be relatively stable. It is this stability that can aid in long-term planning, particularly when the death benefit is counted upon to meet future estate liabilities or to provide protection to a family or business due to an unexpected death.

Additionally, because a policy's death benefit or cash value can be a meaningful part of your net worth, life insurance should be considered a separate asset class in that life insurance proceeds will be received tax free, and can be arranged to be received outside of your estate for estate tax purposes. The same stability counted upon for long-term planning allows life insurance to be easily analyzed and strategically added to a diversified investment portfolio. The death benefit and cash value of an insurance policy have a lower risk level compared to stocks or private equity and therefore can serve to balance a portfolio's performance.

Reviewing your policies on a regular basis can keep you on track to meet your

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From page 34

Sponsorship

said Geoff Roestorff, CEO of Edison National Bank/Bank of the Islands. "Being a part of this milestone 75th anniversary of the JN 'Ding' Darling National Wildlife Refuge was important to us at Bank of the Islands. We value what the refuge does for our wildlife and our overall community. Without the refuge, the island would be a very different place, and we look forward to being a part of the next 75 years of its history."

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David Lowden and Willy Ocasio of Bank of the Island by the Angel Tree

photo provided

Holiday Gifts Needed For Local Children

Bank of the Islands is asking its customers and neighbors to contribute unwrapped Christmas gifts for needy children in the community. All islanders are invited to choose an ornament from the Angel Tree set up in the bank's Sanibel lobby. Each ornament will indicate the age of a boy or girl hoping to receive a gift this holiday season.

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"We're so happy to be partnering again with Friends Who Care on this special holiday gift drive," said Bank of the Islands Vice President and Sanibel/Captiva Office Manager Willy Ocasio. "They have been quietly helping neighbors in need for more than 30 years."

Friends Who Care must complete the gift wrapping of collected gifts before Christmas. You can drop off unwrapped gifts in the Sanibel bank lobby now through Thursday, December 17.

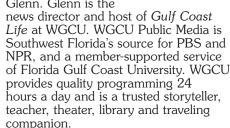
Bank of the Islands is located at

Bank of the Islands is located at 1699 Periwinkle Way, at the corner of Casa Ybel Road on Sanibel. For more information, call 472-7211.

Rotary Happenings

submitted by Cindy Carter

In the era of "fake news," it has become harder for the average Joe to determine fact from opinion portrayed as fact. In steps Julie Glenn. Glenn is the



Serving all or part of 12 counties in south and Southwest Florida with five digital TV channels, three radio services and multiple digital media platforms, WGCU delivers national and international programming, as well as develops and produces award-winning relevant, informative and educational local content.

Glenn joined the WGCU team in November 2016 to expand the *Gulf Coast Live* call-in radio show from once a week to five days a week. Since then, the show has been recognized in state and regional competitions and has featured artists, political leaders, historians, environmental experts, doctors, local reporters, and national and international scholars.

After leading the station's award-winning coverage of Hurricane Irma in September 2017, Glenn was named interim news director. In January 2018, she launched WGCU's first podcast, *Grape Minds*.

Before joining WGCU, Glenn worked in Southwest Florida as a freelance food and wine writer, and as a regular wine columnist for the *Naples Daily News*. She began her broadcasting career in 1993 as a reporter/anchor/



Julie Glenn

photo provided

producer for a local CBS affiliate in Quincy, Illinois. After also working for the NBC affiliate, she decided to move to Parma, Italy where she earned her master's degree in communication from the University of Gastronomic Sciences. Her undergraduate degree in mass communication is from the University of Missouri at Kansas City. Fluent in Italian, Glenn has also worked with Italian wine companies creating and translating web content and marketing materials.

WGCU is a member of the Florida Public Radio Emergency Network (FPREN), whose member stations stay on the air during serious weather events or other emergencies to keep citizens up to date on news and safety information.

WGCU's broadcast programs, along with community and education initiatives, make public media vital to Southwest Florida. In addition, WGCU is reaching beyond its service area to the country and the world through its website and app. They also offer relevant news clips interpreted into the

continued on page 40







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What Does Luxury Mean To You?



by Marcia Feeney

hen you hear the word luxury, what comes to mind? Is it expensive cars, designer clothing and upscale furnishings, or is it comfort, minimalism and a sprawling property? Is luxury

to you having the time to do what you want to do, or perhaps the ability to relax and enjoy a stress-free life?

Ultimately, luxury can mean many things and the answer to that question will change depending on who you ask. The same is true when it comes to luxury in home furnishings and design today as everyone has a different opinion of what makes a home luxurious. In exploring what luxury in home design means to those in the trade, a few key points were consistent.

Quality over quantity – Luxury is the quality of the build, the location of the home and the overall magnitude of the property. This point is uniquely personal to most. For some people, this could be a high-rise with sweeping city views, for others, a large home on the ocean with a private beach. A luxury home is truly in the eye of the beholder, but it is typically one

built with quality materials that meets the style preferences and practical needs of the homeowner. Whether that means a smart home with minimalist decor, or a sprawling Cape Cod inspired by the sea, if the quality of the build is there, it's on its way as being described as luxurious.

Comfort is a luxury – Leather, velvet and satin are all considered luxury materials used in home furnishings and clothing, and it's no wonder why. Not only do these materials look elegant, they also feel expensive and are quite comfortable and cozy to lounge on. Luxurious homes typically include upholstered furnishings and drapery in these materials with added accessories like plush pillows and blankets for enhanced comfort.

An attention to detail – While location, price and square footage are all basic factors that make a home ideal, one thing that can be the difference between a high-end house and luxury home is detail. Homes that include unique architectural details and extraordinary amenities are ones that exude an extravagant feel. Extra details, like custom built-ins, a chef's kitchen and thoughtfully designed decor help a luxury home stand out and is highly coveted by homeowners.

Customization – Many homeowners would likely describe the house of their dreams as luxurious, and that's because it would have all the elements and style they love. Achieving this look of opulence is easier than homeowners may think, all it takes is some customization and assistance from an expert interior designer. Luxury is all about customization, having a design and products that are unique and special

just for the client. When homeowners can choose the design elements and furnishings they desire in their home, they create their own, one-of-a-kind, luxurious bubble.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecden.com.☆

Special Event At Animal Refuge

The Animal Refuge Center (ARC) in North Fort Myer will participate in the Bissell Pet Foundation (BPF) Empty the Shelters event through Sunday, December 13. All cat and dog adoptions will cost just \$25.

Families interested in adopting a dog or cat should complete an application for pre-approval and view adoptable animals at www.animalrefugecenter. com/adoption-application and then call ARC at 731-3535 to schedule an appointment.

All animals have been spayed or neutered, have had vaccines appropriate to age, have been tested for FIV/FeLV (cats) and heartworm (dogs). They have also been micro-chipped and come with one month of free pet insurance.

This marks the foundation's seventh Empty the Shelters event in 2020 alone. Since the program's inception in 2016, BPF has helped 40,550 shelter pets find forever homes.

ARC is located at 18011 Old Bayshore Road in North Fort Myers. Once an animal is accepted into Southwest Florida's largest no-kill shelter, it will not be destroyed to make room for another. ARC is one of nearly 170 shelters taking part in December's Empty the Shelters adoption event.

Hole In One



Mike Valdes

photo provided

ike Valdes had a hole in one on December 2 on the sixth hole at The Dunes Golf and Tennis Club. It was a 121-yard shot with a 9 iron.



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Will Power

The Origins Of Trusts



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Tmagine you're the Lady of Hertford in 12th century England, and your husband, the Earl of Hertford, heads off to fight for ▲the cross in a crusade under the leadership of Richard the Lionheart. You don't know if he'll return safely, but as a woman, you can't hold legal title to your castle. Worse, you and your children are considered your husband's chattel, no different than the castle where you reside.

There's no such thing as a trust, so, before he departs to fight the Moors, your husband has no choice but to convey the castle to his cousin, the Earl of Pembroke, who promises to reconvey the

property upon your husband's safe return.

English common law arose out of Roman law which regarded land as an indivisible entity - whoever owned legal title owned it absolutely, in "fee simple." There was no such thing as holding title "in trust for" someone else. This presented a problem for you as the Duchess, as you didn't want the Earl to own your castle outright with a mere promise to return it if your husband returned.

The concept of a trust originated not as a separate area of the law as it stands today, rather as a blend of English common law through the Court of Chancery, (fairness) that followed a set of loose rules to avoid the harshness (inequity) of English common law.

When a landowner like the Earl of Hertford left England to fight in a crusade, he would convey ownership of his lands in his absence to another man to manage the estate, to pay and receive feudal duties, with the understanding that the ownership would be conveyed back upon the crusader's return.

Upon their return, however, crusaders often encountered a refusal to hand over the property. This would happen if the Earl of Pembroke refused to reconvey the castle and lands back to our crusader after his many years of absence fighting.

The disgruntled crusader would then petition the king, who would refer the matter to his Lord Chancellor. The Lord Chancellor could decide the case according to his conscience, determining what was "equitable" or "fair." Typically, the Lord Chancellor would consider it unconscionable that the legal owner could go back on his word and deny the claims of the crusader. Therefore, he would find in favor of the returning

Over time, it became known that the Lord Chancellor's court (The Court of Chancery) would continually recognize the claim of a returning crusader. The legal owner would hold the land for the benefit of the original owner and would be compelled

How's The Market? Ask Ann

My goal each week is to provide both Buyers and Sellers with meaningful information on Sanibel's Real Estate market. I write the article a week prior to publication. Enough said. Going back 7 days, 14 new pending sales contracts were accepted; 12 Homes 1 Condo and 1 Lot.



Closed Sales listed below consisted of 6 Condos. 4 Homes and 2 Lots; 75% of the sales were cash sales.

The negotiating price off of the listing price was 5%. Inventory of existing homes continues to be low. Just 70 homes on the market and 95 condos. The only negative issue talked about in our market continues to be the coronavirus. Some rental reservations in January have been canceled but at the same time, re-booked for next year.

Thank you for reading my column. Let me know if I can improve on my reporting. If you have any questions, email me at realtorann@ hotmail.com and I will treat your inquiry confidentially.

Closed Sales going back one week:

2279 Wulfert Rd. - \$295,000 Vacant Land 805 E. Gulf Dr. B7 Sanibel Arms - \$342,500 2142 Starfish Lane - \$400,000 5117 Sea Bell Rd B11 Blind Pass - \$420,000 Condo 2840 W. Gulf Dr. #26 Sea Shells - \$425,000 Condo 1357 Jamaica - \$540.000

979 E. Gulf Dr. 212 Loggerhead Cay - \$560,000 827 E. Gulf Dr. K6 Sanibel Arms West - \$569,000 3926 Coquina Dr. - \$755,000 3351 Barra Circle - \$1.165.000 1152 Buttonwood Ln. - \$1.600.000 3127 W. Gulf Dr. - \$2,425,000

Call or email me with any questions. Stay safe.

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to convey it back to him when requested. The crusader was the "beneficiary" and the named land title holder the "trustee." The term "use of land" was coined, and, in time, developed into what we know now as a "trust.

In modern trust law, we can create both inter-vivos trusts during our lifetime as well as testamentary trusts that determine how property is invested, owned and distributed following our death.

A "trustee" is not to be confused with the owner or the beneficiary, in that the trustee is responsible for carrying out the terms of the trust. He has a fiduciary duty to the beneficiaries of the trust to own, invest and deal with the assets and property prudently. Should the trustee violate those duties, he can be held liable to the beneficiaries.

Today, trusts can hold more than land. They can own nearly any kind of asset, tangible and intangible. Stocks, bonds, mutual funds, closely held business interests, jewelry, artwork and intellectual property are all examples of assets that can be held in trust.

Unlike our crusader example, today's trusts allow someone to create a trust where they are both the trustee and the beneficiary. In other words, the trusts aren't created for someone else, until the grantor of the trust dies. The reason to create these "revocable" trusts is to avoid court processes, such as guardianship, in the event of the grantor's incapacity, or probate in the event of the grantor's death. Revocable trusts also offer privacy of one's financial affairs, both in lifetime and in death, as opposed to court processes that are public.

Eventually, however, even in revocable trusts, the grantor will not be able to serve as his own trustee.

Like the Earl's choice in selecting the Earl, the choice of your successor trustee will be paramount to the success of any estate plan. Anyone can have the best legal documents in the world, but if they select the wrong trustee, the whole plan can unravel. The importance of selecting a trustee is so crucial, I wrote an entire book on the subject entitled, appropriately, Selecting Your Trustee.

In future columns, I'll focus on how one may serve as a trustee in the most effective way possible not only when you're serving for your own trust, but more importantly, when you're serving for others. In fact, I'm in the process of writing a new book on the

When you're acting as trustee, you have a "fiduciary" responsibility to the beneficiaries of the trust. A fiduciary puts the beneficiaries' interests ahead of his own and is bound both legally and ethically to do so.

This isn't always so easy. Whenever you have human interaction, particularly when it concerns money and property, strange things can happen. A trustee might play the parts of financial advisor, psychologist and counselor during any given day.

Moreover, an entire body of the law has developed concerning trustee fiduciary responsibility. Failure to understand and follow the law could result in personal liability. The office of trustee is therefore not to be taken lightly.

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From page 38

Rotary Happenings

correct regional Spanish spoken by the

Immokalee migrant worker population.
Glenn joked that as long as WGCU is receiving complaints from both the left and right sides, they are doing something right, reporting somewhere in the middle, giving representation to all sides.

The Sanibel-Captiva Rotary will continue to meet by Zoom meetings until further notice on Friday mornings at 7:30 a.m. You may arrive as early as 7 a.m. to chat with other members. To be included, call Rotary

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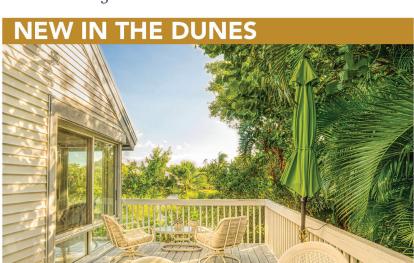
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Frankly Speaking



by Howard Prager

et's look ahead, maybe past the pandemic to baseball. Spring training, should it happen, is only eight to nine weeks away. I had the chance to interview two baseball writers

recently, Paul Sullivan (PS) of the *Chicago Tribune* and president of the Baseball Writers Association of America (BBWAA), and Betsy Helfand (BH) who covers the Twins for the St. Paul Pioneer Press. The following is an edited transcript of those interviews:

Q: Paul, what lessons can MLB take from last year?

PS: The best lesson learned was that conditions can change quickly and being able to adjust on the fly in terms of postponing and rescheduling games is essential. Part of the reason MLB was able to do that was there were no fans in the stands, so that could be more problematic if that changes (as we all hope) sometime

Q: You're president of the BBWAA. Do we put asterisks by the records and stats from this unusual season?

PS: No asterisks. People will always remember this was an unusual season, and there's no need to remind everyone the numbers were different than in most

Q: Many teams have slashed their front office staff. What effect do you see happening on the game down the road?

PS: Obviously this is a bad trend for baseball, but it will show which staffs are the best at what they do from scouting to deal making and hiring the right people in all capacities.

Q: Football has combines for prospects to demonstrate their skills and teams to evaluate them. Do you see that coming to baseball with fewer scouts and staff?

PS: Possibly, but it's too soon to say. Some teams may wind up beefing up staffs once the pandemic is over, or has slowed down enough to allow fans in.

Q: Do you believe the minor leagues will come back next season?

PS: There were already changes coming before the pandemic. I think there will always be minor league baseball, but in a different form, with more independent teams. I'm not sure about 2021. You can't really predict anything with the pandemic still raging.

Q: Is spring training on schedule? PS: You can't predict. So far it seems as though it's full steam ahead as far as spring training.

Q: As a baseball purist I hate to ask this, but is the DH here to stay?

PS: I think the consensus is that it will be here sooner or later, and depends on how the bargaining goes this year between the union and owners. Like you, I am not in favor of a universal DH but I'm probably in the minority.

Q: Where's (former Cubs President) Theo Epstein going?

PS: No idea. Depends on what's available late next year after he takes some well-deserved time off.

Q: Betsy, what are your thoughts on women breaking the player barrier in baseball?

BH: I think we'll see women in the coaching roles first. Seems to be closer. More minor league female coaches. The Twins have the first female on their strength and conditioning staff (who) travels with them.

Q: Many MLB teams have slashed their front office staff to cut expenses. What's the fallout?

BH: The Twins owners have kept up their commitment to the front office staff (despite) not bringing in the same amount of revenue. (If games started) on April 1, (teams) would still not sell out stadiums. Some teams have cut down on their scouting staff, making it tougher to find the same caliber of players. Very sad to see.

Q: What do you think of a baseball scouting combine for prospects, similar to

BH: It would be an interesting idea to have a combine as a rookie option. University of Minnesota has an online database on draft eligible players with videos, facts, metrics. Pro teams are getting creative with their scouting. The bigger problem is that minor leaguers were on hold last year (as was their development) with just limited instruction.

Q: What do you think of the Twins ending their AAA relationship with Rochester?

BH: Everything is shifting with the minors on a geographic basis. While the Twins severing ties with the Red Wings does not necessarily mean they will affiliate with the Saints, it is a first step. Mostly they want to have players closer - St. Paul is a lot easier to get players back and forth than Rochester, New York. As the offseason rolls on, it's possible there will be more movement for the Twins at some of the other levels of the minors, as well.

Q: What do the Twins need to get to the next level?

BH: Their problem in the playoffs was hitting. (They also) need two starting pitchers either in trade or internally. I expect them to be aggressively on the hunt for starting pitching. They have two prospects on the outfield corners. Not surprised about retaining Nelson Cruz. Would never know that Cruz is 40, he's still producing so highly. He's also the leader in the clubhouse and close to Miguel Sano who talks about Nelson glowingly.

For our good news story, think back to when you were 12. What did you want to be when you grew up? For me, an astronaut. The closest I'll ever come is the thrill I've had of seeing and meeting many of the Apollo astronauts as well as some from the International Space Station. Chicago Cubs TV announcer Len Kasper had a different dream. Growing up in Detroit, he listened to Ernie Harwell on the radio, and becoming a radio broadcaster and doing a World Series was his dream. Last week, he made that first part come true by moving in Chicago from TV with the Cubs to become the White Sox radio play-by-play announcer. Prior to the Cubs, Kasper spent three years as play-by play announcer for the Marlins. "12-year old Len is as thrilled as can be.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.☆

SPORTS QUIZ

- 1. The Little Brown Jug is a trophy awarded in the rivalry between what two college football teams?
- Where did former British basketball standout Pops Mensah-Bonsu play college basketball from 2002-06?
- What defensive back was known for wearing a "pro cap" on his helmet during his career with the Buffalo Bills from 1986-93?
- Who did Ashley Force defeat in the Top Fuel Funny Car final race to win the 2008 NHRA Summit Southern Nationals?
- What Puerto Rican boxing great, a champion in three weight classes, was shot to death in November 2012?
- What two-time NFL rushing yards leader (1938, '40) went on to serve on the U.S. Supreme Court from 1962-93?
- In 2011, who became the oldest player ever at age 43 to score a goal in the Stanley Cup Finals?

ANSWERS

V. Mark Recchi, Boston Bruins.

1. The Michigan Wolverines and the Minnesota Golden Gophers. 2. George Washington University. 3. Mark Kelso. 4. Her father, John Force. 5. Hector "Macho" Camacho. 6. Byron "Whitzer" White.

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2. Updated Tropical Beach Condo at Loggerhead Cay -Sanibel

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4. Remodeled in Victoria Cove - East End / Sanibel

- 4 BR + Den / 4 BA home, steps to the beach with private boat dock & 16K lift
- Gorgeously remodeled, large porches, private pool & spa, sundeck with Gulf views
- **\$2,300,000** Euro 1,936,499

5. Near Beach Home Off West Gulf Dr. - Sanibel

- Fully furnished 3 BR / 2 BA Home (currently configured as 2 BR)
- Recently remodeled with coastal finishes, impact resistant windows
- \$649.500 Euro 547.486

6. On The Wiles Side - Captiva

- 3 BR/ 2 BA home that just completed a total remodel with attention
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7. Magazine Ready Home in the Sanctuary - Sanibel

- 5 BR/ 5/1 BA property situated on the bay & intercoastal waterway and framed in by the Sanctuary's signature 4th hole.
- Boasting 11,000sqft, the interior finishes include luxurious accent wall of glass, walk-in wine cellar, marble inspired Cambria counters, statement light fixtures & over a million dollars in updates.
- \$2,998,000 Euro 2,658,932

8. Direct Access Canal Home with Private Dock - Sanibel

- 3 BR/2 BA ground level home on corner lot in Water Shadows community
- Remodeled home with garage and private pool overlooking the canal
- **\$995,000** Euro 859,099

9. 4 bedroom Home on Intersecting Canal - Sanibel

- 4 BR/ 4 BA home with boat dock, lift, and private pool
- Large kitchen, private elevator, multiple lanai's including rooftop deck with Bay views
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- 3 BR/3BA home located on the Roosevelt Channel with private boat house & lift
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11. Short walk to beach access on Rabbit Rd - Sanibel

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12. On East End Across from Beach w/ Boat Dock - Sanibel

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Practice Self-Care This Holiday Season



by Julie Rosenberg, MD

Foliday celebrations are likely going to look a lot different this year due to the coronavirus SARS-CoV-2 (i.e., COVID-19) pandemic. Most of

us must grapple with how to celebrate and maintain holiday traditions without physically being together with extended family and friends.

Finding strategies for coping with the stress of both the pandemic and the holidays is key. For many Americans, self-care has been deprioritized during the pandemic. Feelings of isolation and overwhelm have led to a decline in motivation and self-care.

Self-care is not selfish. Self-care is about knowing what we need to do in order to take care of ourselves, which, in turn, allows us to take care of others.

This holiday season, I invite you to prioritize your health and wellbeing without guilt. Here are eight strategies for self-care through the holidays.

Maintain a flexible schedule: Plan your

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day. Having a daily routine provides a sense of structure, especially during times when you may feel a lack of control. Keeping daily schedules and routines can ease anxieties and help you stay grounded. However, it's important to maintain some flexibility in your schedule so that you don't feel stressed out if things don't go exactly as planned.

Exercise regularly: Aim for 30 minutes of moderate intensity activity five or more days per week as recommended by the Centers for Disease Control and Prevention. You can go for a brisk walk, ride a bike, or participate in an online fitness class. Whatever you choose, find activities that you enjoy. Physical activity enhances the production of your brain's feel-good neurotransmitters (endorphins), which helps to improve mood and relieve stress.

Spend time outdoors: Spending time in nature lowers stress, promotes happiness and improves productivity. Interacting with nature offers your brain a break from being overstimulated. If you don't presently spend much time outdoors, consider changes to your daily routine that will allow you to spend more time in nature. Take a morning walk. Dine alfresco. Do some gardening. As you interact with nature, allow yourself to shift your attention to the beauty of your surroundings.

Plan your meals: Most of us have spent a significant amount of time at home over the past nine months. Having too much unstructured time at home can lead to overeating and unhealthy eating. Planning meals will help to ensure a

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value, cannot be combined with any other offer or discount.

more balanced menu. Do your best to plan nourishing meals replete with fruits and vegetables, lean protein and whole grains. Eating these foods will help keep your body and mind healthy during stressful times. And, by planning meals, you might make some great culinary discoveries!

Limit alcohol: Eliminating alcohol completely may not be realistic for most adults during the holiday season. However, keep in mind that many festive drinks include sugary or high-caloric ingredients. For example, eggnog is a custard-like drink with cream, milk, sugar, whipped eggs and alcohol. A single serving of homemade eggnog can contain between 250 and 350 calories. A cup of holiday sangria has about 150 calories and 18 grams of sugar. Practicing moderation is key, especially during the holiday season.

Prioritize sleep: It's easy to deprioritize sleep during the holiday season. But if you want to stay healthy, you must avoid sleep deprivation. Adults typically need seven to nine hours of quality sleep each night for bodily renewal and to maintain good mental effectiveness. Taking steps to ensure adequate sleep each night will lead to improved mood and wellbeing.

Stay connected: These times of quarantine and social distancing have been challenging on relationships. Don't let distance come between you and your loved ones. Find ways to celebrate virtually and to stay connected with family, friends and community. Keeping connected will help you avoid feelings of isolation during the holidays.

Indulge a little: There's no need for total deprivation of your favorite holiday treats. Food deprivation can lead to binge eating. Just follow the rule of moderation.

In summary, don't try to be everything to everyone this holiday season – take time to care for your own needs and emotions. You are more likely to find peace and joy as we conclude a challenging year.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant

and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www. drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.**

Deadline Extended For Ethics Award

The Uncommon Friends Foundation has extended the nominations deadline for its 2020 Business Ethics Award to Friday, January 15.

Businesses in Lee, Charlotte, Collier, Hendry and Glades counties who consistently demonstrate a system-wide commitment to high ethical business practices are eligible. Businesses can nominate themselves or be nominated by a third party. The online nomination form and submission guidelines are available at www.uncommonfriends.org.

Finalists will be announced after the close of nominations and will be honored guests at the annual Florida Gulf Coast University Business Ethics Roundtable to be held on Wednesday, April 21. This is jointly hosted by FGCU's Lutgert School of Business and the Uncommon Friends Foundation. The recipient of the Business Ethics Award will be announced at an Uncommon Breakfast Gala to be held on Friday, May 14 at the Luminary Hotel in downtown Fort Myers. Led by Rachel and Cole Peacock, the event will be in collaboration with Lee County Economic Development Industry Appreciation week.

Fundraising efforts will be in the form of Uncommon Society and Uncommon Evening annual sponsorships, due in part to the many people affected by the COVID-19 pandemic. There are five separate sponsorship packages that range from \$500 to \$10,000 and include event tickets and advertisements.

For more information, contact Jennifer Nelson, executive director, at 826-0556 or jennifer@uncommonfriends.org.**

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From left, Michelle Stevens-Hollenbeck, Sharon MacDonald, Kenneth Walker, Dennis Bruens, Tammy Zinn and Chris Simoneau photo by Caronchi Photography

Quarter-Century Of Fundraising Celebrated

ee Health Foundation is celebrating 25 years of philanthropic support for lifesaving health and wellness care in Southwest Florida. Since 1995, the foundation and its supporters have made it possible for Lee Health to serve its growing community with comprehensive medical resources close to

Millions of dollars have been raised to support Lee Health's programs and innovations that bring leading-edge healthcare services to the community, including providing life-saving care to under and uninsured community members. At the same time, philanthropy has supported Lee Health's efforts to enhance wellness and prevention programs to keep people healthy and out of the hospital. Philanthropy made programs possible that otherwise wouldn't exist, including Golisano Children's Hospital, the only children's hospital between Miami and Tampa. In addition to the building, programs funded by donors include Golisano's Child Life program, which isn't covered by insurance, but provides music therapy, schooling and technology to help children better understand and cope with medical treatment. The donor-supported Sharon MacDonald Breast Health Fund (and similar funds for other types of cancers) covers the cost of treatment for indigent breast cancer patients in need of lifesaving cancer care. This year, the Richard M. Schulze Family Foundation created a \$200,000 challenge grant to establish a pediatric hematology and oncology infusion clinic at Golisano Children's Health Center in Naples, which will allow up to 30 children a week to receive chemotherapy treatments and see their Golisano Children's Hospital pediatric oncologist without needing to drive out of Collier County.

"We are so grateful for every person and donation that has supported Lee Health's ongoing mission to empower healthier lives through care and

compassion," said Chris Simoneau, Lee Health's chief foundation and development officer. "It takes a lot of people giving all they can to improve and save lives. Since 1995, Lee Health Foundation has helped by raising awareness about the needs of our community and distributing the funds necessary to best serve and support our family, friends and neighbors in Southwest Florida. Thanks to the generosity of our supporters, Lee Health has expanded and enhanced care throughout our sevencounty region.'

Donors small and large, major league baseball teams, numerous area foundations, two area wine festivals and many innovative fundraisers have invested in meeting the growing and evolving healthcare needs of the region and bringing leading-edge medicine and medical procedures to the community. For a timeline of significant milestones in Lee Health Foundation's 25-year history, visit www.leehealthfoundation.org/25years.

Thanks to the generosity of the Southwest Florida community, Lee Health Foundation's fiscal impact for 2020 includes: more than 4,000 donors raised over \$27.5 million: and more than \$150,000 was donated by Lee Health employees to support patients. In addition, Lee Health raised more than \$700,000 in 2020 to combat the challenges presented by the COVID-19 pandemic and teamed up with NCH . Healthcare System (NCH) to create the SWFL Together campaign to ensure critical resources, equipment and supplies needed to support doctors and nurses in our region are delivered.

In recognition of Lee Health Foundation's contributions to Southwest Florida, the Association of Fundraising Professionals Collier-Lee Chapter honored four of its representatives on National Philanthropy Day on November 17. Simoneau, who joined Lee Health in March 2019, was recognized as Fundraising Executive of the Year. This year, he was instrumental in creating the unprecedented collaboration SWFL Stronger Together with NCH for a regional approach to the pandemic.

Distinguished fundraising volunteers continued on page 47





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The Sad Side Effect Of 2020



by Suzy Cohen, RPh

Readers:
The year
2020 gives new
meaning to the
word selfie! Taking
a selfie used to be
normal, but now
it's a reflection
of how alone

everyone is.

An article published in the December 3rd issue of *JAMA Psychiatry* reviewed data and found a clear and disturbing trend of overdose deaths related specifically to isolation from the COVID-19 pandemic. This is another sad side effect of 2020.

While every adult understands the need to have flattened the curve, paramedics and front-line health care professionals have echoed the troubling suicide trend. It is only going to get worse through the holidays as it often does when loneliness and isolation become more desperate.

If your mind is wandering and imaging a senior in a rocking chair by the fire place, holding nothing but a cat, sitting all alone and missing their recently departed spouse, you'd be way off base. The overdose deaths

and suicides are occurring in middleaged people and teenagers. In fact, contemplating a handful of pills is something that impacts our children according to a study published in the November issue of the *Journal of* the American Academy of Child and Adolescent Psychiatry.

Researchers came to the grim conclusion that kids are going to become more depressed and anxious after the 2020 home isolation trend ends. Clinical services, prescriptions, psychiatrists and other support may be needed throughout the lives of our adolescents due to the increase in mental health problems occurring right now.

Loneliness and isolation is much worse for people who have mental health conditions such as depression, grief, chronic pain, fatigue, anxiety, bipolar, insomnia and/or substance abuse. You would think that social media engagement reduces feelings of anxiety and isolation, however, it's just the opposite for many people. Social media may fuel feelings of depression, anxiety, envy and loneliness. Honestly, I think Facebook was the original social distancing app.

The United States is exploding with new cases of suicide. It's not just overdosing which has skyrocketed either, although that rate is 50 percent higher than the past two years according to the Journal of the American Medical Association.

We're a species that needs connection, hugs and contact. What

we're living under is so abnormal that there will be mental health side effects for years to come. We can all be more vigilant about staying in touch with our loved ones, relatives and friends. We can share more random acts of kindness.

It's easy to ease someone's loneliness if you choose to. And if time constrains you from reaching everyone in your contact list, focus on the people who are the most vulnerable. Send emojis, quotes and stories. Call them on the phone, drop flowers off on

the doorstep. This act of kindness might be the greatest gift you give this Christmas. We simply do not know what head space another person is in. If you are an individual seeking help, the new suicide prevention number is just three digits... dial 988.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

Beautifulife:

Home Spa



by Kay Casperson

We are learning to enjoy our homes in many different ways these days, from expanding our cooking skills, virtual learning, online church, company training

programs and everything in between. It seems that we have found a way to do all of the things we did before but in a new or different format.

I have always been a big believer in making your home a haven for peace, tranquility, happiness, inspiration and wellness. This is why my spa locations are inviting, comfortable and inspirational. It is as if you are coming into a home.

Our flagship Captiva spa at South Seas Island Resort is like walking into a comfortable living room with inspiration at every glance. Our Sanibel spa at the Sundial Beach Resort is like being on a private boat as it overlooks the Gulf of Mexico from every single angle.

We love seeing you, and we look forward to having you come to visit us. We continue to have a safe, clean and comfortable environment, so you can still enjoy getting out and attending to the essentials for your health, beauty and wellbeing.

Creating a spa day or night in your home now and then is also essential for living your best life. Whether it be with your family, a few close friends, or even

enjoying a little quiet time for yourself, it is a must for everyone!

Here are my tips and suggestions for making your home into a spa:

Make sure you have a nice, comfy bathrobe that you can snuggle in;

Have a cozy blanket to wrap around yourself during your mask or after a bath;

Light candles that give an aroma of tranquility, peace and comfort;

Fill a diffuser with essentials oils to lift your spirit and nurture your soul;

Choose some relaxing music to play in the background;

Give yourself an instant face, hand and foot facial with quality, gentle exfoliant:

Apply an herbal mask that will lift your spirits and illuminate your skin;

Enjoy an herbal tea or a glass or your favorite relaxing beverage and savor the moment.

Wellness is more than just taking your vitamins, exercising and getting your regular checkups. For ultimate health, you need to take care of yourself; mind, body and spirit. You need to laugh, have fun and enjoy the quiet and tranquil comforts of your own home as the ultimate spa and an escape from the rest of the world.

My affirmation for you this week is: "I am creating a haven for wellness and tranquility in my own home to continue living my best and most beautiful life."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.☆



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Doctor and Dietician

Neck Instability Affects Nerves Of Face And Mouth





by Ross Hauser, MD and Marion Hauser, MS, RD

any people with face and/or mouth pain have been chasing the cause of their symptoms for years. They begin to realize that their chase is nowhere near the endpoint because they are suffering from worsening symptoms and continue to receive ineffective treatments. One of the ways to document this "missing diagnosis" is through use of a motion X-ray test.

What is a motion X-ray? Well, it is what it sounds like! It is a moving picture X-ray that looks at the cervical (neck) curve as well as any instability, or looseness, of the cervical spine segments during real-life, symptom-causing movements. The amount of overhang between the segments demonstrates the degree of cervical spine instability. We have been blessed to utilize this motion technology in our Caring Medical office for a number of years now and have found it to be a vital tool in helping to diagnose patients with seemingly odd or unrelated symptoms.

So how does this relate to patients with face or mouth pain? The upper cervical area of C1, C2, C3 is where the important nerves that control the motion of the tongue as well as sensations of the mouth are located. When movement of the upper spine becomes unstable, the bones can pinch on nerves, veins and other vital structures that run through the neck. Think about when you have dental work. You are hyperextended while sitting in the dental chair for long periods of time during procedures such as wisdom teeth removal, crowns, or even just a cleaning or a cavity filling. This can also occur at the salon

when you are hyperextended over the hair washing bowl. Another place it occurs is during a surgical procedure, where you are hyperextended on the table during the procedure. Could the positioning during the procedure cause some upper cervical instability which, in turn, leads to face or mouth pain? We have found this to be the case in many people, especially who claim their symptoms began or worsened significantly after one of these events.

Once the cause is determined, treatment to restabilize the spinal segment connectors (ligaments), as well as postural work and spinal curve correction can be individualized based on the findings of the motion x-ray and physical exam. In many cases, this is an important step in finally reaching an endpoint to suffering from face, tongue and burning mouth

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.

From page 45

Quarter-Century

honored were Duane Chaney, a financial advisor at Raymond James in Fort Myers, who created the pro-class tennis fundraising event Madisen's Match in 2008 that has raised more than \$1.3 million for Lee Health and Golisano Children's Hospital and garnered national recognition by Invest in Others. Kristy Gudobba for six years has chaired the Boston Red Sox Celebrity Classic event that raises more than \$500,000 per year, is a member of the Lee Health Heritage Circle of Friends Giving Society, and knits shawls and helps create Project Pink bags that are given to every newly diagnosed cancer patient at the Lee Health Regional Cancer Center. George Hamilton joined the Golisano Children's Hospital Kids' Minds Matter committee in 2019, bringing a wealth of fundraising, event and marketing knowledge and helping to increase fundraising at the annual event from \$1 million to \$2.8 million. He joined the Lee Health Foundation Board of Trustees.

For more information about the role of philanthropy at Lee Health or to donate, visit www.leehealthfoundation.org or call 343-6950.☆

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Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am trying to forgive my brother for some things he did to me a few years ago. Can you provide some tools to assist me with how to forgive? **A**:

Congratulations that you are wanting to practice forgiveness toward your brother. You will not only feel better about reconciling a relationship with him, you will feel better yourself. Forgiveness is letting go of resentment, and when you can let go, it is a huge relief for you in your mind, body, emotions and spirit. You will not only feel more balanced and whole, you will have the opportunity to rebuild with your brother. Below are some tools you are asking for to help you with forgiveness:

Bring in your mind your brother who is the person who hurt you.

Feel the pain he caused you. See him as a human being whose behavior was unacceptable towards you, then see a gleam of light emanating

Observe him in the light until you see more brightness emanating from him shining through the pain and thoughts you have of him. Now soften the picture of him and observe him with a kinder heart, healing his own wounded self.

You can now either write or say to yourself the following words: I forgive you, I release you to your highest good, I free myself from all the pain that I have held, I release the present from the past and free my future.

Repeat these words to yourself as needed, and you will truly feel yourself full of forgiveness.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@ gmail.com or visit www. drconstanceclancy.com.☆

Grief Support Group Meetings

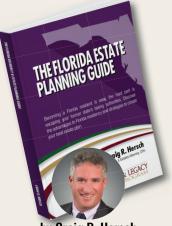
anibel Community Church is offering a GriefShare program in the Family Life Center on Tuesdays at 5 p.m. The program is open to anyone who has lost a loved one, and there is plenty of room for social distancing. Sessions feature a video, book, discussion and support.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.⇔

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by Craig R. Hersch Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA & Island Sun Columnist

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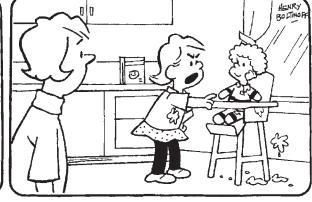
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SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag! **TABLET** Mode **HOTMED** Potent **TURBOS** Create SIGNED "Hard work never hurt anyone, especially **TODAY'S WORD**

BY HENRY BOLTINOFF **HOCUS-FOCUS**



Find at least six differences in details between panels.

Differences: 1. Earring is missing. 2. Box is closed. 3. Doll's dish is missing. 4. Cabinet handles are added. 5. Mom's collar is different. 6. Girl's shirt is stained.

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

| | 7 | 2 | 5 | | | | 6 | |
|---|---|---|---|---|---|---|---|---|
| 5 | | | | | 8 | 2 | | |
| | | 1 | | 7 | 3 | | | 5 |
| | 5 | | 4 | | | 3 | | |
| 4 | | | | 9 | | | 5 | |
| | | 8 | | | 2 | 9 | | 7 |
| | | 4 | | 1 | | | | 2 |
| 2 | | | 9 | | | 7 | | 8 |
| 1 | 3 | | | | 5 | | 9 | |

PETS OF THE WEEK



Rusty ID# A833442

photos provided

Lee County Domestic Animal Services

Rusty And Stumpy

ello, my name is Rusty. I am an 8-year-old male American staffordshire terrier who is one of the sweetest senior pets you will ever come across. When I received my new bed from my 'Secret Santa' from the Gift Giving Tree, I climbed right into it like it was the best thing I had ever gotten. Most times during the day that is where you will find him, happy and content in my new bed. I will get to take my bed to my new home for the holidays.

My adoption fee is \$25. Hi, I'm Stumpy. I am a 12-year-old



Stumpy ID# A434437

female domestic shorthair who came to the shelter microchipped with my name. It is assumed I lovingly got the name due to my congenital shortened limb. This does not hamper me in any way. In fact, much like Rudolph, I want to just like the other reindeer... er, cats in the litter box.

My adoption fee is \$10 and you can another kitty at no additional fee.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10 a.m. to 4 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.

Free Legal Services Being Offered To Seniors

In the spirit of giving this holiday season, the Lee County Legal Aid Society will offer free legal assistance to Lee County seniors age 60 and older on Saturday, December 19. Members of the Lee County Bar Association will volunteer their time for "Just for Seniors" from 9 a.m. to noon and 1 to 5 p.m. to answer legal questions specific to older adults.

In order to maintain safety protocols due to COVID-19, this event will take place via Zoom video conferencing and by telephone. Seniors wishing to speak with an attorney will need to schedule an appointment online at www. leecountylegalaid.org/just-for-seniors. Each appointment will be 20 minutes in length. If more in-depth service is needed, customers will be referred to attorneys that can offer assistance at up to 50 percent off of their regular rates.

The Lee County Legal Aid Society provides free legal aid to low-income residents and has worked primarily with younger families and individuals. Recently, Executive Director Andrew Banyai realized a need to provide assistance to the elderly population in the community. Through a grant from the Cape Coral Community Foundation, funds were secured to offer Just for Seniors events multiple times over the course of the next year.

"This has been a tough year for so many, especially the seniors in our community. We have always answered the call when it comes to legal assistance and now is no exception," Banyai said. "We hope the free advice

we give can help eliminate some of the financial hardship our seniors may be facing this time of year."

Banyai expects 20 to 30 attorneys to take part in the event. Many of these attorneys will volunteer as part of the Florida Bar's Pro Bono Service Initiative, a program intended to encourage lawyers to volunteer free legal services to the underserved in their communities.

This event is being sponsored by the Lee County Legal Aid Society and Cape Coral Community Foundation. Additional support is being provided by United Way of Lee, Hendry, Glades & Okeechobee; Lee County BOCC; The Florida Bar Foundation; Lee County Bar Association and CONRIC PR & Marketing.

For more information about this event and the Lee County Legal Aid Society, email Nanci DuBois at nanci@leecountylegalaid.org.

Utility Assistance Program

The LeeCARES Utilities Assistance Program is now available for households impacted economically by the COVID-19 pandemic. Eligible households must have lost jobs, been furloughed or experienced a reduction of income after March 1, 2020 due to the COVID-19 pandemic. This is the third round of utility assistance to pay up to \$1,000 in water/sewage and electric bills for eligible applicants. Assistance may be provided regardless of whether the applicant has received previous utility assistance.

For more information visit www. LeeFLcares.com.

My Stars ★★★★ FOR WEEK OF DECEMBER 7, 2020

Aries (March 21 to April 19) You might feel that you have all the answers right now. But it might be wise to listen to other ideas before you decide to close the lid on other possibilities.

Taurus (April 20 to May 20) Bovines give and expect loyalty, so it might not be easy to reconcile with someone you feel let you down. Why not ask a neutral party to set up a clear-the-air meeting?

Gemini (May 21 to June 20) Anticipating the holidays with family and friends fuels your must-do Gemini energies. But try to pace yourself so you'll be up for whatever comes along later.

Cancer (June 21 to July 22) More background information might come through regarding a decision you expect to make. Be sure to check the source carefully before you move.

Leo (July 23 to August 22) The strong, nurturing nature of the Lion comes through this week as you reach out to family and friends in need of your warm and loving support.

Virgo (August 23 to September 22) A relationship that has almost totally unraveled could be close to being restored with more effort on your part to be more patient and less judgmental.

Libra (September 23 to October 22) Your sense of fair play is strong this week, which can cause a problem with a longtime relationship. But in the end, you'll know what decision to make.

Scorpio (October 23 to November 21) You might not know all the facts behind an unwelcome development, so keep that Scorpion temper in check and resist lashing out at anyone.

Sagittarius (November 22 to December 21) This is a good time to reinforce relationships – family, friends, colleagues – that might have been overlooked in recent years.

Capricorn (December 22 to January 19) Family situations continue to thrive. Business associations also improve. Some holiday plans might have to be shifted. Be flexible.

Aquarius (January 20 to February 18) Avoid any influence of negative energy in this week's aspect by not allowing small problems to grow into large ones. Work them out immediately.

Pisces (February 19 to March 20) A friend might need advice on how to deal with a challenge to his or her moral values. And who better than you to give the honest answer? Good luck. **Born This Week**: You have a sense of adventure that inspires others to follow your lead.

MOMENTS IN TIME

• On Dec. 18, 1777, the new United States celebrates its first national day of thanksgiving, commemorating the American victory at the Battle of Saratoga after the surrender of Gen. John Burgoyne and 5,000 British troops in October 1777.

• On Dec. 14, 1909, workers place the last of the 3.2 million 10-pound bricks that pave the Indianapolis Motor Speedway. Since then, most of that brick has been buried under asphalt, but 1 yard remains exposed at the startfinish line. Kissing those bricks after a successful race remains a tradition among Indy drivers.

• On Dec. 19, 1968, Warner Brothers releases the movie *Bullitt*, starring Steve McQueen, in Sweden, two months after its debut in U.S. theaters. Many critics consider *Bullitt* to be one of the greatest action movies ever made, because of the seven-minute car chase through the streets of San Francisco.

• On Dec. 15, 1973, Jean Paul Getty III, the grandson of American billionaire J. Paul Getty, is found alive near Naples, Italy, five months after his kidnapping. Getty had initially refused to pay the ransom, but agreed after the boy's severed right ear was sent to a newspaper in Rome.

• On Dec. 20, 1989, the United States invades Panama in an attempt to overthrow military dictator Manuel Noriega, who had been indicted in the U.S. on drug trafficking charges. His Panamanian Defense Forces were promptly crushed.

On Dec. 16, 1998, President Bill Clinton announces he has ordered air strikes against Iraq because it refused to cooperate with United Nations weapons inspectors. Key members of Congress accused Clinton of using the air strikes to divert attention from ongoing impeachment proceedings against him.
On Dec. 17, 2003, The Lord of

• On Dec. 17, 2003, The Lord of the Rings: The Return of the King, the final film in the trilogy based on the best-selling fantasy novels by JRR Tolkien, opens in theaters.

NOW HERE'S A TIP

 Looking for a great cause for gifting this year? Go to www. charitynavigator.org to find out more continued on page 54

28

PUZZLES

Super Crossword **PUZZLING-LY**

ACROSS 1 Like many announcers' private side comments 8 Glistening

- 14 Give a cue to
- 20 Sounded like a frog 21 Durbin of old Hollywood
- 22 Worrier's cry 23 Deeper level of longing? 25 Walk like a
- little 'un 26 Coll. website suffix 27 Slandered
- really badly **28** "Uh-uh" 30 Legal claim 31 White water
- whereabouts 35 Give it a go 36 Place to bathe on the grass outside a house?
- 38 "Marvy!" 40 They cause actions 42 Really boring
- chairs, desks and tables? 47 Two-grid vacuum tube 52 Cry to a

53 Manning of the Giants 54 Far-off

- 56 Of charged particles 57 Extreme type
- 59 Lysol target 61 What 1066 is 103 Places for famous as? 64 Territory split 105 Bored in 1889
- 66 Pertaining to 106 Measure of 68 Bad, to Jules 69 Viral malady
- 70 "Allow me to provide a leavening agent, if nothing else"?
- 76 Blvds. and aves. 78 China's Long
- March leader 118 Pre-entree 79 Aquatic bird Leone
- 83 "Pray that I find some cool gross stuff!"?
- 88 Isle of Man man. e.g. 90 Scout unit 91 — pittance
- (hardly any) 92 Garage job 94 Atop, to bards
- 96 Short

97 Bit of voice

- mail 100 Hankerings to take pictures of small
- and distant objects? milk products feelina
- how much a ship swerves off course?
- 110 2000-15 TV series 112 Facet 116 Horror film
- lab aide 117 With 108-Down, deteriorate
- dishes **121** Lanai wreath 122 Join the
- club 124 Chatter that's engaging?
- 129 Entertainer Uggams 130 Give kudos 131 Arms depot
- 132 Abides 133 Breadwinner 134 What vets provide

- 1 Earthy color 2 Artist Kahlo 3 Mist over
- **4** -jongg 5 Mamie's
- 6 Plunk lead-in 7 Häagen-Dazs rival 8 Storied
- fireman Red 9 Microberidden 10 Byway
- 11 Camelot wife 12 Raggedy -13 — opus
- 14 Road hazard 15 Sorority "P" 16 In a curious way
- 17 Word before circus or blitz 18 More ashen 19 Latest thing
- 24 Singer John 29 Be next to 32 Small hotel 33 Conquers
- 34 Writer Bellow 36 Connect
- with 37 Match well 39 Duo + one
- 40 Tally a total 41 1982 Disney cyberfilm

43 Penne vodka 44 Sloppy

- smooches 98 Groups of 45 Wry twisting geese **46** — Haute
- 48 Acuff of song land 49 Like a swap 101 Model Klum 50 Radio tuner
- 55 Otter's kin 58 "Bosh!" 107 Nixon veep
- 63 " 'Tis so sad" **109** Dryly 65 "You lookin"
- 67 Nosh 71 Stable stock vicinity 72 Seamless
- transition 113 Kagan of justice **73** Von
- Sound of Music" clan) **74** — oxide
- (anesthetic) 75 The, to Hans 76 Emulated a
- 77 1 p.m. is one **81** Horse color
- 84 Oct.'s 744
- 85 Union general George
- 86 Darling type 87 Bodily joint 89 Aquatic bird

93 Lofty trains 95 Tall volcano in Sicily

- 99 Dubliner's
- 102 Dog's bark 51 Hose color 104 Key in anew 106 Give in (to)
- 60 Go extinct Spiro **108** See **62** Bub
 - 117-Across comical 110 In the
 - 111 Not as risky
 - family ("The 114 Romero of "Batman"
 - **115** Work's name 118 Lasting
 - mark 119 Related (to)
 - fish 120 Take a pic of
- 123 Abner 82 iPad 125 Legendary downloads coach
 - Parseghian 126 Three, in
 - Bari **127** D.C. winter hrs.

King Crossword

ACROSS

- "Grand"
- 5 Letterman's network
- 8 Out of control 12 Suspend
- 13 Weeding tool
- 14 Wise one 15 Killer whale 16 Lineage
- 18 Astronauts' descent to

33

50

53

look

54 Possess

DOWN

- Earth 20 Locations Comic
- DeLuise 22 Satchel
- "Forget it!" 26 Nation
- 30 Lawyers' org. 31 Sly one 32 Nay oppo-
- nent 33 Racism, e.g.
- 36 Aden's land 38 Bill and -39 Adams or
- Ameche 40 Clean software
- 43 Turducken. e.g.
- 47 Immoderate devotion
- 49 Met melody 50 Taj Mahal city
- Trouble 52 Ring up 53 Lecherous

- 10 Shrek, for one 35 Forum gar-
- 55 Duel tool 17 Jacob's brother
- 1 Valhalla VIP 2 Aesopian also-ran
- 3 Formerly 4 Landlocked
- 5 Amulet 6 Skeletal
- Moment 8 Delegate 9 Dillon or

Damon

11 Jailer's janment 36 Second perglers son

52

- 19 Plaything
- 22 Carton 23 Apprehend
- 24 Japanese sash
- African nation 25 Witty one 26 Coquettish
 - 27 Scot's hat 28 Deli bread 29 Longing
 - 31 To and -34 Eye-related 48 Pair
- 39 Senior member 40 Soap brand 41 Advantage 42 Drill 43 Front of a

37 Intertwine

- ship 44 Snare
- 45 Irritate 46 New Haven campus

FOUND BY MAGIC MAZE DIGGING

FAXVTQOMJHFCAYE

WUSRPNLJHSFDBZL XVTLRQOMDKIHFDU

BZYWIVSNOTTUBTS

S R O O N S O L Y R E T T O P DGKIEMSTCAFITRA

HLNN(ARROWHEADS)C

F C O I N S D C F A Z X W V E UBDGRSMUMMYENOM

ROLLUKSREBMAHCI

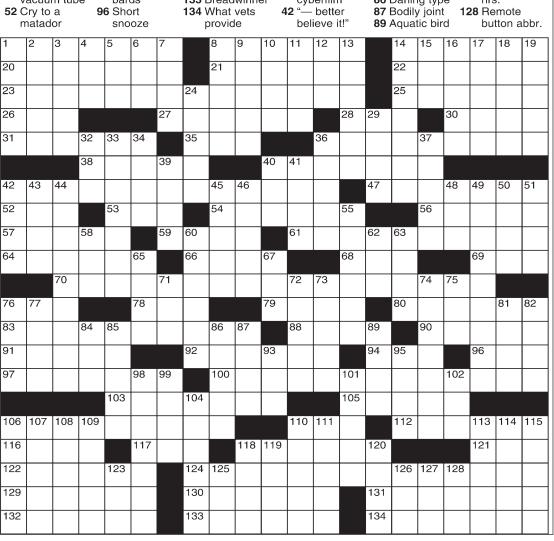
ONMKJIHERUSAERT Find the listed words in the diagram. They run in all

directions forward, backward, up, down and diagonally Unlisted clue hint: HEAD OF A SKELETON Arrowheads Chambers Gold Artifacts Money Coins

Bones Diamonds **Buttons** Fossils

Mummy Potterv

Time capsule Treasure



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FRIDAY Sunny High: 70 Low: 57



SATURDAY Mostly Sunny High: 75 Low: 64



SUNDAY Sunny High: 74 Low: 61



MONDAY Partly Cloudy High: 75 Low: 64



TUESDAY Cloudy High: 74 Low: 61



WEDNESDAY Cloudy High: 73 Low: 62



THURSDAY Mostly Cloudy High: 72 Low: 59

Redfish Pass Tides

| <u>Day</u> | <u>High</u> | Low | <u>High</u> | Low |
|------------|-------------|---------|-------------|---------|
| Fri | 11:11 am | 4:15 am | 9:55 pm | 3:31 pm |
| Sat | 12:25 pm | 5:09 am | 10:28 pm | 4:04 pm |
| Sun | 1:33 pm | 5:59 am | 11:05 pm | 4:33 pm |
| Mon | 2:36 pm | 6:48 am | 11:43 pm | 5:00 pm |
| Tue | 3:37 pm | 7:36 am | None | 5:27 pm |
| Wed | 12:25 am | 8:23 am | None | None |
| Thu | 1:09 am | 9:09 am | None | None |

Point Ybel Tides

| High | Low | High | Low |
|----------|--|--|---|
| | | | |
| 11:30 am | 5:11 am | 9:33 pm | 4:06 pm |
| 12:38 pm | 6:01 am | 10:10 pm | 4:35 pm |
| 1:41 pm | 6:50 am | 10:48 pm | 5:02 pm |
| 2:42 pm | 7:38 am | 11:30 pm | 5:29 pm |
| None | 8:25 am | None | None |
| 12:14 am | 9:11 am | None | None |
| | 10:16 am 11:30 am 12:38 pm 1:41 pm 2:42 pm None | 10:16 am 4:17 am 11:30 am 5:11 am 12:38 pm 6:01 am 1:41 pm 6:50 am 2:42 pm 7:38 am None 8:25 am | High Low High 10:16 am 4:17 am 9:00 pm 11:30 am 5:11 am 9:33 pm 12:38 pm 6:01 am 10:10 pm 1:41 pm 6:50 am 10:48 pm 2:42 pm 7:38 am 11:30 pm None 8:25 am None 12:14 am 9:11 am None |

LOCKSMITH

Punta Rassa Tides

| <u>Day</u> | <u>High</u> | Low | <u>High</u> | Low | | |
|------------|-------------|---------|-------------|---------|--|--|
| Fri | 10:49 am | 4:10 am | 9:49 pm | 4:01 pm | | |
| Sat | 11:45 am | 5:05 am | 10:33 pm | 4:48 pm | | |
| Sun | 12:30 pm | 5:56 am | 11:14 pm | 5:34 pm | | |
| Mon | 1:13 pm | 6:44 am | 11:52 pm | 6:17 pm | | |
| Tue | 1:59 pm | 7:33 am | None | 7:01 pm | | |
| Wed | 12:27 am | 8:21 am | 2:51 pm | 7:49 pm | | |
| Thu | 1:04 am | 9:07 am | 3:43 pm | 8:39 pm | | |

Cape Coral Bridge Tides

| Day | High | Low | High | Low |
|-----|----------|----------|------|------|
| | 1:21 pm | | | |
| | 1.21 pm | | | |
| | 12:38 am | | | |
| | 1:15 am | | | • |
| | 1:53 am | | | |
| | 2:35 am | | • | • |
| | | | | |
| Thu | 3:19 am | 12:25 pm | None | None |

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Now Here's A Tip

about how your prospective charities rank in areas like CEO pay, money spent on fundraising, etc.

- Need a quick batch of cookies? Keep a box of cake mix on hand. Instead of the listed ingredients, add two eggs and a half-cup of oil to the mix. Mix and shape, then bake at 350 F for 10 minutes. They are really good, and you can get pretty creative.
- Inexpensive gift idea: A cute holiday coffee mug with a bar of chocolate, a packet of hot cocoa or instant coffee, a peppermint stick and a decorative holiday craft pick. Place inside a gallonsize zipper-top bag, tie with a ribbon, then trim off the zipper-top, leaving just the plastic. Looks nice.
- When holiday cookie time comes, I keep a plastic pitcher of hot water in the sink. I toss cookie cutters into

it when I'm finished with them, so the corners are soaking. They really seem to only need a rinse and a quick brush-off afterward. Mine don't get caked up with dough. D JoAnn

- Dogs and chocolate just don't mix, so keep those holiday plates full of delicious chocolate morsels up and out of the reach of pets.
- Use last year's Christmas cards as gift tags on this year's gifts: Just cut out great-looking images and write your own to and from on the back.

STRANGE BUT TRUE

- Adult mayflies have no functional mouth. Because of this, they die of malnutrition. This is an evolutionary occurrence that happens so aging mayflies don't pass on genetic defects to the next generation.
- Steven Spielberg, who executiveproduced the film Gremlins, requested the effects team make Gizmo's fur orange and white to match his beagle,

Chauncey.

- If you do a Google search on the word "askew," the resulting content will tilt slightly to the right.
- St. Lucia is the only country in the world named after a woman. Originally called the Island of the Iguanas by early Carib settlers, the name was later changed after French seamen were shipwrecked there on Dec. 13, the feast day of St. Lucy.
- The color of Facebook is blue because Mark Zuckerberg is red-green colorblind.
- Ever noticed how some massproduced ballpoint pens, such as the Bic Cristal, have a hole in the cap? No? Well, in case you someday do, now you'll know why - it's not just to prevent leaks, but choking as well. Lots of folks like to chew on pen lids, and in the event they accidentally swallow the cap, the hole ensures it won't completely block their
 - Áfter an 8.0 magnitude earthquake

hit Mexico City in 1985, nearly all newborn babies survived a collapsed hospital for seven days without nourishment, water, warmth or human contact.

• Major League Baseball umpires are required to wear black underwear while on the job in case they split their pants.

THOUGHT FOR THE DAY

"Beginning today, treat everyone you meet as if they were going to be dead by midnight. Extend to them all the care, kindness and understanding you can muster, and do it with no thought of any reward. Your life will never be the same again.'

- Og Mandino

TRIVIA TEST

- 1. **Television**: What kind of pet did Robert Blake have on the 1970s series "Baretta"?
- 2. Movies: Which 2002 movie tagline was, "With great power comes great

CLASSIFIED

COMMERCIAL RENTAL

PELICAN PLACE SHOPPING CENTER

Palm Ride Road on Sanibel 3 units available or combined 2.400 sq. ft. (2 at 700 sq. ft., 1 at 1,000 sq. ft). Call 703-593-7024

OFFICE/COMMERCIAL SPACE FOR RENT



Palm Court Center 2424 Palm Ridge Road, Sanibel, FL 33957 Highly visible ground floor space, 534 square feet. Move in condition. Formerly Buyer's Choice Realty. \$ 900 per month. Landlord pays all common. Area Maintenance. Call 973-726-3213

VACATION RENTAL



2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-6385 Toll Free: (800) 472-5385 Fax: (239) 472-5858 www. cottages-to-castles.com

VACATION RENTAL

NEWLY AVAILABLE

Feb. 1st through March 1. Adorable cottage, \$5,900. East End, Beach entrance. Fully furnished: decor reflects the calming Sanibel vibe, super clean, huge yard, small dog OK. Quiet res. street Local Owners. www.seagrapecottageatsanibel.com 727-644-6493 Call for showing Karyn. 12/11 🕸 12/11

SANIBEL BEACH COTTAGE NEW MARCH 2021 AVAILABILITY!

Private lane, short walk to beach, 2BR/2BA, sleeps 5. Fully equipped kitchen, separate gym, laundry, wooded back w/privacy fence. All beach equipment plus 2 FREÉ bikes! Pets w/approval. \$5,300 month. Contact Chris at 314-406-7058. View at www.sanibelbeachcottages.com.

Island Vacations

Of Sanibel & Captiva Million \$ Views Await You! • Cottages • Condos • Homes • Miles of Beaches & Bike Paths 239-472-7277

1-888-451-7277

ANNUAL RENTAL

RENTING FOR OVER \$1,500?

Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment. chip@chipwolfe.com chipwolfe.com 239-848-0906 REMAX OF THE ISLANDS

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APPLIANCE AND POWERED CART REPAIR

Located on Sanibel. Licensed and insured. **Dunrite Repair Services** 336-681-4553

HELPER

Are you elderly, disabled or just don't have free time? I can help! Just give me a call... 973-919-2116

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788

HELP WANTED

MARINA HELP WANTED Full or Part Time position available

on Captiva. Must have boat handling experience and able to work with general public and customers. Email John@ gocaptiva.com or call 239-770-4832.

BOATS-CANOES-KAYAKS

BOAT LIFT RENTAL WANTED

Looking for long-term rental of a boat lift on Sanibel or Captiva with direct ocean access Call Jim at 603-930-4549.

RUNNER

Runner needed for Sanibel and Captiva. Royal Shell is looking for someone that can work every Saturday from 9 a.m. to 6 p.m. Rate of pay \$12 per hour. You will check in with various managers to ensure that quests and associates have what they need at the point and time they need it. Transponder provided and use of company vehicle.

You must be able to pass a background screening and a driver's license screening. Please call 239-333-3569 for details.

FOR SALE

APPLIANCES

 White LG Dishwasher – Mint Condition
 White LG 30" French Door Refrigerator – One tiny dent on front – barely noticeable White Kenmore oven with white cooktop - Mint Condition. Non-smoking household. Single Mother, empty nester so not a lot of usage. Selling due to renovation in kitchen. Email for pictures or appointment to see them. LisaSanibel@centurylink.net

AUTO FOR RENT

- RENT A LEXUS -

By day, week or more. Call for rates and web site. Off Sanibel, Ft. Myers location. Pick up or drop off. 2 days notice, 2 days min. 239-202-0700, 25 yo plus & cc.

AUTO FOR SALE

2009 TOYOTA YARIS

41,000 miles, new battery, new tires. Just serviced at Toyota. Original owner. \$3,850. 954-536-6385

GARAGE SALE

MOVING SALE

Generator, wheelbarrow, turntable, maple rocking chair, cameras, oil lamps, craft items, tools, and many more collectable and household items. Cash and carry. 580 Boulder Dr., Sanibel, 8 to 2, Sat. Dec 12. 12/4 - 12/11

PSA

AL-ATEEN HELP LINE

Are you concerned with a friend or family member's drinking? Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org. Meetings are held every day in Lee and Hendry counties. Al-Ateen meetings are also offered for ages 8 to 18.

responsibility"?

- 3. **Geography**: Which Balkan nation's capital is Sophia?
- 4. **General Knowledge**: What day of the week did the ancient Romans refer to as "dies Saturni"?
- 5. Language: What is the word that stands for "N" in the NATO phonetic alphabet?
- 6. **U.S. States**: Which state features a body of water named Lake Lanier?
- 7. **History**: When did World War II
- **Medicine**: What is trepanning?
- **U.S. Presidents**: How many days did William Henry Harrison serve as president of the United States?
- 10. **Anatomy**: What is the largest part of the human brain?

TRIVIA ANSWERS

pressure 9.32 10. Cerebrum 1939 8. Making holes in the skull to relieve 5. November 6. Georgia 7. Sept. 1, 1. A cockatoo named Fred 2. Spider-Man 3. Bulgaria 4. Saturday (Saturn's Day)

SCRAMBLERS ANSWER

1. Battle; 2. Method; 3. Robust; 4. Design

Today's Word

HUSBANDS

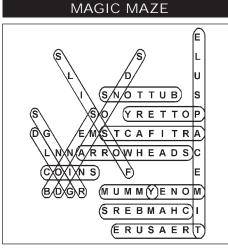
HORTOONS



PUZZLE ANSWERS

| SUPER CROSSWORD | | | | | | | | | | | | | | | | | | | | |
|-----------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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| Н | Τ | G | Н | Е | R | Υ | Ε | Α | R | Ν | Τ | Ν | G | | Т | 0 | D | D | L | Е |
| Ε | D | U | | | | S | L | 1 | М | Е | D | | Ν | Α | Н | | L | 1 | Е | Ν |
| R | Α | Р | 1 | D | S | | Т | R | Υ | | | Т | U | В | 0 | F | Υ | Α | R | D |
| | | | Ν | Ε | Α | Т | 0 | | | S | Т | 1 | М | U | L | 1 | | | | |
| Υ | Α | W | Ν | F | U | R | Ν | 1 | Т | U | R | Е | | Т | E | Т | R | 0 | D | Ε |
| 0 | L | Ε | | Ε | L | 1 | | R | Ε | М | 0 | Т | Ε | | | 1 | 0 | Ν | 1 | С |
| U | L | Т | R | Α | | 0 | D | 0 | R | | Z | 0 | R | М | Α | Ν | Υ | Ε | Α | R |
| D | Α | K | 0 | Т | Α | | 1 | Ν | R | E | | | М | Α | L | | | F | L | U |
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| W | 1 | S | Н | М | E | Υ | U | С | K | | G | Α | Ε | L | | Т | R | 0 | 0 | Р |
| Α | М | Ε | R | Е | | | Т | U | Ν | Е | U | Р | | 0 | E | R | | Ν | Α | Р |
| М | Ш | S | ഗ | Α | G | Ε | | Т | Ε | L | Е | Р | Н | 0 | Т | 0 | Υ | Е | Ν | S |
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| L | Ε | S | L | Ī | E | | Р | R | Α | Ι | S | Ε | | Α | R | S | Ε | Ν | Α | L |
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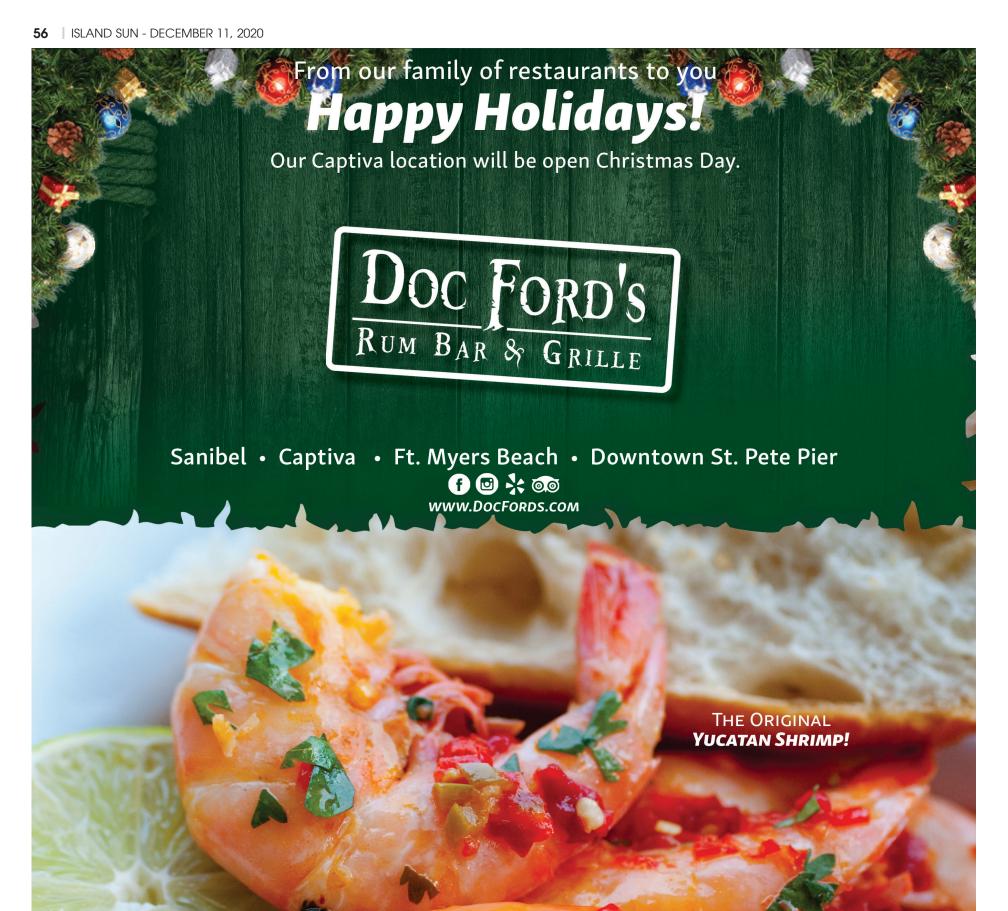
| | KING CROSSWORD | | | | | | | | | | | |
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| SUDUKU | | | | | | | | | | | |
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| 7 | 5 | 9 | 4 | 8 | 1 | 3 | 2 | 6 | | | |
| 4 | 2 | 6 | 3 | 9 | 7 | 8 | 5 | 1 | | | |
| 3 | 1 | 8 | 6 | 5 | 2 | 9 | 4 | 7 | | | |
| 9 | 8 | 4 | 7 | 1 | 6 | 5 | 3 | 2 | | | |
| 2 | 6 | 5 | 9 | 3 | 4 | 7 | 1 | 8 | | | |
| 1 | 3 | 7 | 8 | 2 | 5 | 6 | 9 | 4 | | | |

Top 10 Real Estate Sales

| • | | | | | | |
|------------------|------------------|------------|----------------|---------------|---------------|----------------|
| Subdivision | City | Year Built | Square Footage | Listing Price | Selling Price | Days On Market |
| Metes And Bounds | Captiva | 1969 | 4,900 | \$4,889,000 | \$4,750,000 | 168 |
| Imperial Shores | Bonita Springs | 2006 | 3,839 | \$2,850,000 | \$2,700,000 | 276 |
| Spring Ridge | Bonita Springs | 1997 | 4,008 | \$2,500,000 | \$2,450,000 | 0 |
| Shell Harbor | Sanibel | 1986 | 3,792 | \$2,269,000 | \$2,300,000 | 267 |
| Island Shores | Fort Myers Beach | 2020 | 3,995 | \$1,995,000 | \$1,975,000 | 55 |
| Hermitage | Cape Coral | 1997 | 4,243 | \$1,985,000 | \$1,800,000 | 226 |
| Riverbrooke | Estero | 2003 | 4,101 | \$1,775,000 | \$1,730,000 | 102 |
| Barefoot Bay | Bonita Springs | 2004 | 4,840 | \$1,789,000 | \$1,700,000 | 233 |
| Harbour Preserve | Cape Coral | 2012 | 3,119 | \$1,648,000 | \$1,648,000 | 9 |
| Not Applicable | Sanibel | 1971 | 3,011 | \$1,695,000 | \$1,600,000 | 22 |



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The Dixie Fish Co. & The Whale